

## Thurston 10K - 5 May 2019

Race	Pos	First name	Surname	Gun Time	Chip Time	Cat	CatGrd%	Pace min/mile
10K	2	Christopher	Poulding	00:35:35		MS	75.1	05:44
10K	4	Steven	Quercia-Smale	00:35:58		MS	74.3	05:47
10K	5	Tom	Kingsnorth	00:37:04		MS	72.1	05:58
10K	6	Chris	Mower	00:38:13		M40	72.5	06:09
10K	9	Dylan	Bradnam	00:40:17		MS	66.4	06:29
10K	10	Michael	Falcone	00:40:58		MS	65.3	06:36
10K	11	John	Greener	00:41:20		M50	72.7	06:39
10K	13	Jonathan	Newton	00:41:57		M40	66.1	06:45
10K	22	Daniel	Mead	00:44:52		M40	61.8	07:13
10K	24	Kevin	Bird	00:45:47		M50	65.6	07:22
10K	41	Dave	Vaughan	00:50:22		M65	68.3	08:06
10K	52	Jenny	Bird	00:52:50		F50	64.9	08:30
10K	59	Chris	Cooke	00:54:48		M65	62.7	08:49
10K	75	Kimberley	Smith	01:05:17		FS	47.0	10:30