

Round Norfolk Relay - 17 Sep 2017

Race	Pos	First name	Surname	Gun Time	Chip Time	Cat	CatGrd%	Pace min/mile	Stage	Team
16.32M	10	Nick	Smith	01:57:12		MS	64.1	07:11	1	B
16.32M	43	Claire	Hoblyn	02:16:57		F50	72.3	08:23	1	A
14.06M	44	Jo	Woledge	02:07:51		F40	59.1	09:06	2	A
14.06M	60	Lucy	Smith	02:27:40		FS	48.3	10:30	2	B
5.76M	15	Chris	Cooke	00:42:21		M55	70.3	07:21	3	A
5.76M	25	Ruth	Palmer	00:47:36		F40	61.2	08:16	3	B
11.14M	14	Mark	Watts	01:19:57		M50	72.4	07:11	4	B
11.14M	16	Julian	Long	01:20:46		M45	67.0	07:15	4	A
10.81M	27	Steve	Atkins	01:30:39		M50	60.9	08:23	5	A
10.81M	49	Sandra	Webb	01:42:31		F45	57.5	09:29	5	B
7.9M	3	Kevin	Murphy	00:48:24		M40	76.9	06:08	6	A
7.9M	6	Mike	Hankinson	01:04:49		M55	63.8	08:12	6	B
9.24M	21	Peter	Bird	01:04:56		M40	67.5	07:02	7	A
9.24M	36	Amanda	Martin	01:14:04		F50	70.8	08:01	7	B
7.52M	34	Carolyn	Haworth	01:01:03		F60	80.5	08:07	8	B
7.52M	36	Eloise	Bird	01:01:23		F45	67.4	08:10	8	A
16.6M	40	Dave	Beighton	02:10:20		M40	61.4	07:51	9	A
16.6M	42	Jess	Gooderham	02:11:57		F20	64.0	07:57	9	B
18.13M	22	Chris	Mower	02:10:23		M40	66.4	07:11	10	B

18.13M	29	Robert	Hughes	02:19:00	M50	69.1	07:40	10	A
12.45M	29	Phil	Brown	01:35:49	M50	66.7	07:42	11	A
12.45M	36	Ieuan	Alldis	01:37:19	MS	58.9	07:49	11	B
19.67M	16	Michael	Falcone	02:17:44	MS	66.4	07:00	12	A
19.67M	34	Vince	Webb	02:34:37	M45	64.8	07:52	12	B
13.25M	16	Tom	White	01:31:35	MS	65.8	06:55	13	B
13.25M	36	Stephen	Hatten	01:44:45	M50	65.2	07:54	13	A
7.27M	21	Phil	Cawston	00:53:23	M50	68.1	07:21	14	B
7.27M	33	Mel	Rittimut-Mak	00:57:43	F45	66.5	07:56	14	A
10.59M	46	Dawn	Marshall	01:31:52	F55	69.4	08:40	15	A
10.59M	61	Martin	Avis	02:02:33	M45	41.8	11:34	15	B
5.49M	38	Ryan	Edwards	00:46:48	MS	51.1	08:31	16	A
5.49M	39	Emily	Gooderham	00:47:00	FS	56.7	08:34	16	B
11.73M	21	Angie	Joiner-Handy	01:22:25	F45	77.9	07:02	17	A
11.73M	36	Ian	Gooderham	01:31:49	M50	64.9	07:50	17	B
197.93M	18			25:39:43			07:47	1-17	A
197.93M	32			26:55:28			08:10	1-17	B