

Kings Forest 10K Race 1 - 24 Mar 2019

Race	Pos	First name	Surname	Gun Time	Chip Time	Cat	CatGrd%	Pace min/mile	Age Cat
10K	39	Natalie	Hay	00:53:57	00:53:48	F40	58.1	08:39	3rd
10K	120	Cynthia	Neldner	01:07:18	01:07:11	F40	46.5	10:49	
10K	172	Martin	Tilley	01:20:42	01:20:20	M70	45.0	12:56	