

## Haverhill 10K - 7 Apr 2019

Race	Pos	First name	Surname	Gun Time	Chip Time	Cat	CatGrd%	Pace min/mile	Overall
10K	11	Peter	Bird		00:42:39	M40	65.0	06:52	
10K	12	Damian	Eldson		00:42:49	M40	64.7	06:53	
10K	17	Dylan	Bradnam		00:44:10	MS	60.5	07:06	
10K	21	Hayley	Coates		00:45:06	FS	68.0	07:15	1st
10K	64	Helena	West		00:53:45	F40	58.1	08:39	
10K	68	Eloise	Bird		00:55:15	F50	62.0	08:53	
10K	87	Stuart	Shepherd		00:57:45	M50	52.0	09:18	