

## Dereham 10 - 12 May 2019

<b>Race</b>	<b>Pos</b>	<b>First name</b>	<b>Surname</b>	<b>Gun Time</b>	<b>Chip Time</b>	<b>Cat</b>	<b>CatGrd%</b>	<b>Pace min/mile</b>	<b>Age Cat</b>
10M	102	Peter	Bird	01:10:57	01:10:52	M45	66.6	07:05	
10M	255	Kirsty	Weavers	01:22:23	01:22:00	F55	72.8	08:12	3rd
10M	373	Jonathan	Newell	01:32:15	01:31:48	M50	53.6	09:11	