

## Bungay 10K - 14 Apr 2019

Race	Pos	First name	Surname	Gun Time	Chip Time	Cat	CatGrd%	Pace min/mile
10K	17	Chris	Mower	00:40:22	00:40:10	M40	69.0	06:28
10K	39	Jessie	Gooderham	00:42:32	00:42:21	FS	72.4	06:49
10K	40	Peter	Bird	00:42:33	00:42:21	M40	65.4	06:49
10K	49	Nigel	Schofield	00:44:00	00:43:48	M50	68.6	07:03
10K	81	Ian	Gooderham	00:47:24	00:47:13	M50	63.6	07:36
10K	87	Jordan	Greer	00:47:46	00:47:34	M40	58.3	07:39
10K	116	Sharon	Brandon	00:49:38	00:49:12	F50	69.6	07:55
10K	156	Nick	Allen	00:51:32	00:51:21	M40	54.0	08:16
10K	190	Jenny	Morgan	00:53:38	00:53:13	F60	73.1	08:34
10K	195	Eloise	Bird	00:53:52	00:53:28	F50	64.1	08:36
10K	315	John	Cullum	01:00:54	01:00:30	M70	59.8	09:44