

## Breckland 10K - 6 May 2019

<b>Race</b>	<b>Pos</b>	<b>First name</b>	<b>Surname</b>	<b>Gun Time</b>	<b>Chip Time</b>	<b>Cat</b>	<b>CatGrd%</b>	<b>Pace min/mile</b>	<b>Age Cat</b>
10K	14	Chris	Perry	00:38:32	00:38:30	M40	72.0	06:12	3rd
10K	45	Gillian	Leathers	00:43:21	00:43:18	F50	79.1	06:58	2nd
10K	129	Karen	Hatton	00:50:38	00:50:28	F60	77.0	08:07	1st
10K	158	Dawn	Marshall	00:53:48	00:53:31	F55	68.1	08:37	3rd
10K	174	Richard	Smith	00:55:26	00:55:09	M50	54.5	08:53	
10K	187	Stuart	Shepherd	00:56:20	00:56:02	M50	53.6	09:01	
10K	203	John	Cullum	00:57:20	00:57:03	M65	60.3	09:11	