

Glasswells Bury 5 - 2nd June 2006

Pos	Time	No	Surname	First Name	Club Name	Category
1	00:26:18	270	Billington	Greg	Newmarket Joggers	Male Junior
2	00:27:36	173	Robinson	Steven	St Edmund Pacers	Male Senior
3	00:27:39	422	Spowage	Paul	Colchester Harriers	Male Vet 40
4	00:27:54	72	Keeble	Ian	Unattached	Male Senior
5	00:28:02	379	Gibbon	David	Colchester & Tendring AC	Male Junior
6	00:28:09	406	Coll	Robin	Newmarket Joggers	Male Vet 45
7	00:28:18	162	Cripps	Michael	West Suffolk AC	Male Junior
8	00:28:21	259	Laing	David	Ipswich Jaffa	Male Vet 40
9	00:28:32	68	Aldis	Roger	Stowmarket Striders	Male Senior
10	00:28:34	395	Gladley	Alex	Colchester & Tendring AC	Male Junior
11	00:28:48	63	Ridley	Colin	West Suffolk AC	Male Vet 40
12	00:28:51	118	Beeton	James	Newmarket Joggers	Male Vet 40
13	00:28:52	11	Houghton	Andrew	Unattached	Male Vet 45
14	00:28:55	376	Doel	Glenn	Colchester Harriers	Male Senior
15	00:28:57	151	Stone	Roger	Felixstowe Road Runners	Male Senior
16	00:29:13	166	Mol	Ryan	Unattached	Male Senior
17	00:29:21	392	Davies	Gavin	Ipswich Jaffa	Male Senior
18	00:29:25	413	Cooke	Chris	St Edmund Pacers	Male Vet 40
19	00:29:29	77	Fry	Edward	West Suffolk AC	Male Junior
20	00:29:36	5	Chenery	Rober	Ipswich Jaffa	Male Senior
21	00:29:37	158	MacSephney	Scott	Ipswich Jaffa	Male Senior
22	00:29:43	265	Murry	Shayne	City of Norwich AC	Male Junior
23	00:29:59	236	dawson	Alan	St Edmund Pacers	Male Vet 45
24	00:30:02	111	Peterson	Garth	Brandon Fern Hoppers	Male Vet 40
25	00:30:05	57	cobbold	Michael	St Edmund Pacers	Male Vet 45
26	00:30:08	299	Preston	Paul	Sudbury Joggers	Male Senior
27	00:30:15	354	Helliwill	Paul	Colchester & Tendring AC	Male Senior
28	00:30:16	357	Diston	Sam	West Suffolk AC	Male Senior
29	00:30:25	64	Ridley	Andrew	West Suffolk AC	Male Junior
30	00:30:27	330	Thompson	David	Unattached	Male Vet 40
31	00:30:35	293	Day	Ian	Ely Runners	Male Senior
32	00:30:39	400	Heath	James	St Edmund Pacers	Male Vet 45
33	00:30:40	160	Edwards	Stephen	Newmarket Joggers	Male Vet 40
34	00:30:42	52	Dick	Alistair	Ipswich Jaffa	Male Vet 40
35	00:30:46	171	Entwistle	Joshua	Felixstowe Road Runners	Male Junior
36	00:30:47	164	Creaton	Kevin	Unattached	Male Senior
37	00:30:48	372	Hunt	Steve	Hadleigh Hares AC	Male Vet 45
38	00:30:49	352	McGoldrick	Matthew	West Suffolk AC	Male Junior
39	00:30:50	425	Mayes	Paul	West Suffolk AC	Male Junior
40	00:30:51	26	Harrison	Simon	Ipswich Jaffa	Male Senior
41	00:30:52	438	Davies	Carl	Newmarket Joggers	Male Junior
42	00:30:55	268	King	James	Stowmarket Striders	Male Junior
43	00:30:56	345	Croll	Floyd	Unattached	Male Senior
44	00:31:15	218	Starmer	Christopher	Stowmarket Striders	Male Vet 45
45	00:31:17	289	Smith	Tom	West Suffolk AC	Male Junior
46	00:31:19	163	Hanman	Tim	Unattached	Male Senior
47	00:31:21	389	Balaam	Richard	Ipswich Triathlon Club	Male Vet 40
48	00:31:44	233	Hill	Raymond	Ipswich Jaffa	Male Vet 55
49	00:31:52	201	Calver	Laurence	Newmarket Joggers	Male Vet 40
50	00:31:55	446	Smith	Matthew	St Edmund Pacers	Male Senior
51	00:31:57	202	Thorpe	John	Ipswich Jaffa	Male Senior
52	00:31:58	272	Faust	Stuart	Unattached	Male Senior
53	00:32:08	305	Batty	Chris	Felixstowe Road Runners	Male Senior
54	00:32:16	148	Bailey	Steve	St Edmund Pacers	Male Vet 40
55	00:32:18	197	Cooper	Ian	Thetford AC	Male Vet 45

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56	00:32:19	461	Braker	Kirk	Stowmarket Striders	Male Senior
57	00:32:20	228	Green	Andy	Stowmarket Striders	Male Senior
58	00:32:21	358	Short	Kevin	Gloulesster AC	Male Vet 55
59	00:32:27	261	Brooks	Victor	Felixstowe Road Runners	Male Senior
60	00:32:31	4	Chenery	Duncan	Ipswich Jaffa	Male Vet 45
61	00:32:34	122	Vaughan	Dave	St Edmund Pacers	Male Vet 50
62	00:32:35	260	Jennings	Val	Ipswich Jaffa	Female Vet 40
63	00:32:38	350	Pearson	Martin	St Edmund Pacers	Male Senior
64	00:32:39	186	Pearce	Shawn	Unattached	Male Senior
65	00:32:43	70	Palmer	Jonny	Ipswich Harriers	Male Junior
66	00:32:57	225	Hammond	Karle	Unattached	Male Senior
67	00:32:58	1	Jackson	Alan	Ipswich Jaffa	Male Vet 45
68	00:33:02	287	Hudson	Richard	Unattached	Male Vet 40
69	00:33:07	411	Scarlett	Laurence	Ipswich Jaffa	Male Vet 45
70	00:33:07	82	Canhan	Paul	Stowmarket Striders	Male Senior
71	00:33:08	381	Ransome	Simon	St Edmund Pacers	Male Vet 40
72	00:33:10	410	Williams	Jayne	Ipswich Jaffa	Female Senior
73	00:33:10	22	Squirrell	John	Stowmarket Striders	Male Vet 50
74	00:33:10	248	Mills	Christopher	Unattached	Male Senior
75	00:33:11	74	Ruegg	Stuart	Stowmarket Striders	Male Senior
76	00:33:14	34	Hammond	Nick	Stowmarket Striders	Male Senior
77	00:33:16	179	Page	Asley	St Edmund Pacers	Male Vet 45
78	00:33:17	18	Swindin	Robin	Ipswich Jaffa	Male Senior
79	00:33:20	177	Mullane	Danny	Tiptree Road Runners	Male Vet 60+
80	00:33:22	42	dawson	Paul	Cambridge & Coleridge	Male Vet 50
81	00:33:25	157	Greener	Mike	Unattached	Male Senior
82	00:33:27	296	Hayward	Mark	St Edmund Pacers	Male Senior
83	00:33:32	449	Heatherley	Alex	Road Runners Club	Male Senior
84	00:33:36	334	Clayden	Ray	Felixstowe Road Runners	Male Vet 50
85	00:33:39	469	Jones	Clive	Gt Bentley Running Club	Male Vet 45
86	00:33:40	84	Short	Kevin	Framlingham Flyers	Male Vet 45
87	00:33:41	96	Suttle	Haley	Newmarket Joggers	Female Vet 40
88	00:33:46	216	Smith	Andrew	Grange Farm Trotters	Male Vet 40
89	00:33:51	144	Rabett	Justin	St Edmund Pacers	Male Vet 40
90	00:33:54	221	Bees	Fred	Gt Bentley Running Club	Male Vet 60+
91	00:33:56	369	Potter	Graig	Unattached	Male Senior
92	00:33:58	234	Pearce	Andrew	Unattached	Male Senior
93	00:33:59	325	Owen	Andrew	Gt Bentley Running Club	Male Senior
94	00:34:02	329	Ross	Mark	Gt Bentley Running Club	Male Vet 40
95	00:34:03	169	Salter	David	Unattached	Male Vet 40
96	00:34:04	397	Burt	Matt	Unattached	Male Senior
97	00:34:06	399	Clarke	Neville	Newmarket Joggers	Male Vet 50
98	00:34:11	340	Doig	Adrian	Stowmarket Striders	Male Senior
99	00:34:12	205	Swan	Kim	St Edmund Pacers	Male Vet 45
100	00:34:14	327	Steedman	Sally	Ipswich Jaffa	Female Vet 35
101	00:34:15	359	Tricker	Peter	Stowmarket Striders	Male Vet 55
102	00:34:17	351	Larke	Baz	Unattached	Male Senior
103	00:34:18	121	Clayton	Rob	Felixstowe Road Runners	Male Vet 45
104	00:34:20	36	Norris	Phil	St Edmund Pacers	Male Vet 40
105	00:34:33	412	Benson	Stephen	Ipswich Harriers	Male Vet 40
106	00:34:39	313	Macrosson	Ker	Ipswich Jaffa	Male Vet 50
107	00:34:46	448	Mourey	Benoit	Felixstowe Road Runners	Male Senior
108	00:34:48	3	Chorley	Chris	Bungay Black Dog RC	Male Vet 40
109	00:34:51	457	Brigden	Trevor	Unattached	Male Senior
110	00:34:54	375	Goodier	Alistair	Ipswich Jaffa	Male Senior
111	00:34:57	89	Ratchford	David	Brandon Fern Hoppers	Male Vet 40

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112	00:34:58	213	Young	Adam	Unattached	Male Senior
113	00:34:59	336	Clarry	Jemma	St Edmund Pacers	Female Junior
114	00:35:00	346	Cotton	Peter	Newmarket Joggers	Male Vet 55
115	00:35:07	73	Mann	Stuart	Unattached	Male Senior
116	00:35:15	206	Weston	Kelvin	Dereham Runners	Male Vet 40
117	00:35:18	183	Everitt	Geof	Ipswich Jaffa	Male Vet 60+
118	00:35:27	193	Chaplin	Mike	Woodbridge Shufflers	Male Vet 60+
119	00:35:32	360	Beecroft	Robert	Unattached	Male Senior
120	00:35:32	335	Bastow	Ed	St Edmund Pacers	Male Senior
121	00:35:36	407	Forster	Andrew	Felixstowe Road Runners	Male Vet 45
122	00:35:38	24	Gladwell	Chris	Stowmarket Striders	Male Vet 45
123	00:35:40	88	Snazell	Matt	St Edmund Pacers	Male Senior
124	00:35:42	420	Bolton	Jon	Gt Bentley Running Club	Male Vet 40
125	00:35:43	138	Moggan	Neil	Unattached	Male Senior
126	00:35:44	393	Peck	Glyn	Harwich Runners	Male Vet 60+
127	00:35:46	90	Davidson	Mick	Unattached	Male Vet 40
128	00:35:50	223	Phillips	Simon	Unattached	Male Senior
129	00:35:51	75	Fry	Chris	Unattached	Male Vet 45
130	00:35:52	133	Bloomfield	Jason	Stowmarket Striders	Male Senior
131	00:35:57	415	Brand	Paul	Unattached	Male Senior
132	00:35:59	65	Short	Ray	St Edmund Pacers	Male Vet 60+
133	00:36:03	146	Alstrachen	Angie	St Edmund Pacers	Female Vet 40
134	00:36:04	215	Smith	Gary	Unattached	Male Vet 45
135	00:36:06	277	Staunton	Louise	Ipswich Jaffa	Female Senior
136	00:36:11	172	Tomlinson	Robert	Stowmarket Striders	Male Vet 45
137	00:36:13	301	Golding	Sarah	St Edmund Pacers	Female Vet 40
138	00:36:16	120	Wood	Tom	Stowmarket Striders	Male Junior
139	00:36:16	314	Titchiner	Justin	Unattached	Male Senior
140	00:36:17	414	Brand	Roger	St Edmund Pacers	Male Vet 55
141	00:36:26	155	Levett	Jonny	Stowmarket Striders	Male Vet 40
142	00:36:27	159	Midleton	Julia	Newmarket Joggers	Female Vet 55+
143	00:36:31	271	Galbraith	George	Ipswich Jaffa	Male Vet 50
144	00:36:35	373	Cahill	Elizabeth	Colchester Harriers	Female Vet 40
145	00:36:37	113	Cashen	John	Unattached	Male Vet 40
146	00:36:38	142	Turner	Iain	Unattached	Male Vet 50
147	00:36:38	83	Southgate	Philip	Unattached	Male Senior
148	00:36:39	440	Telford	Brian	Gt Bentley Running Club	Male Senior
149	00:36:40	208	Bruty	Ryan	Unattached	Male Senior
150	00:36:43	386	Crack	Trevor	Unattached	Male Vet 50
151	00:36:45	14	Fellingham	Richard	Stowmarket Striders	Male Vet 55
152	00:36:48	447	Allston	Grace	Ipswich Jaffa	Female Senior
153	00:36:49	132	Daniels	David	Stowmarket Striders	Male Vet 40
154	00:36:50	421	Bennett	Nikki	Gt Bentley Running Club	Female Vet 35
155	00:36:54	182	Runeckles	David	Ipswich Jaffa	Male Vet 50
156	00:37:02	472	Jordan	Debbie	Unattached	Female Vet 35
157	00:37:04	134	Wing	Samantha	Thetford AC	Female Junior
158	00:37:04	40	Mills	Lorraine	Stowmarket Striders	Female Senior
159	00:37:05	46	Kierstan	Peter	Unattached	Male Senior
160	00:37:06	479	White	Paul	St Edmund Pacers	Male Vet 40
161	00:37:09	326	Parker	Daniel	Unattached	Male Senior
162	00:37:10	256	Muchmore	Richard	St Edmund Pacers	Male Vet 40
163	00:37:11	349	Whalley	Simon	St Edmund Pacers	Male Senior
164	00:37:12	367	Hurley	Danielle	Southend AC	Female Junior
165	00:37:17	362	Garrod	Sue	Stowmarket Striders	Female Vet 40
166	00:37:28	273	Clarke	Paul	St Edmund Pacers	Male Vet 45
167	00:37:29	303	Lynaugh	Raymond	Harwich Runners	Male Senior

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168	00:37:30	324	Pearce	Sally-Ann	Felixstowe Road Runners	Female Vet 45
169	00:37:31	300	Rednall	John	Stowmarket Striders	Male Vet 40
170	00:37:37	149	Clarke	Phil	Unattached	Male Senior
171	00:37:38	222	Thopmson	Peter	Unattached	Male Vet 45
172	00:37:40	165	Overman	David	St Edmund Pacers	Male Vet 45
173	00:37:42	238	Berenthal	Graham	Hadleigh Hares AC	Male Vet 55
174	00:37:43	116	Jones	Wyn	Felixstowe Road Runners	Male Vet 50
175	00:37:43	125	Trowell	John	Stowmarket Striders	Male Senior
176	00:37:45	374	Cook	Chris	St Edmund Pacers	Male Vet 55
177	00:37:48	58	Lewis	Colin	St Edmund Pacers	Male Vet 40
178	00:37:51	41	Baldwin	Michael	Unattached	Male Senior
179	00:37:54	394	Eldred	Gary	Gt Bentley Running Club	Male Vet 45
180	00:37:55	431	Newcombe	Colin	Sudbury Joggers	Male Senior
181	00:37:55	430	Marsden	Phil	Unattached	Male Vet 45
182	00:37:55	282	Fellman	David	Ipswich Jaffa	Male Vet 45
183	00:37:57	209	Wooller	Diane	Colchester & Tendring AC	Female Vet 50
184	00:37:58	47	Andrews	Mark	Unattached	Male Senior
185	00:38:00	442	Cooper	Philip	Felixstowe Road Runners	Male Vet 50
186	00:38:06	387	Garrod	Miles	Stowmarket Striders	Male Vet 40
187	00:38:08	480	Coley	David	Ipswich Jaffa	Male Vet 55
188	00:38:09	8	Bestow	Nik	Ipswich Triathlon Club	Male Vet 45
189	00:38:11	107	Long	Simon	Unattached	Male Senior
190	00:38:13	200	Kirk	Clive	Ipswich Jaffa	Male Vet 55
191	00:38:14	154	Warne	Robert	Woodbridge Shufflers	Male Vet 50
192	00:38:15	319	Howland	Christina	Felixstowe Road Runners	Female Vet 40
193	00:38:15	9	Chittick	David	Stowmarket Striders	Male Vet 40
194	00:38:16	368	Whitaker	Stevan	St Edmund Pacers	Male Vet 40
195	00:38:17	460	Baskett	Helen	Woodbridge Shufflers	Female Senior
196	00:38:26	423	Power	Michael	Unattached	Male Vet 45
197	00:38:27	297	Overton	Tim	Unattached	Male Senior
198	00:38:31	27	Webber	Kevin	Springfield Striders AC	Male Senior
199	00:38:32	184	Tindle	James	Unattached	Male Senior
200	00:38:34	150	Lambert	Catherine	Unattached	Female Vet 35
201	00:38:35	250	Kerry	Michael	Unattached	Male Senior
202	00:38:38	110	Munns	Brian	Newmarket Joggers	Male Vet 40
203	00:38:38	97	O'Callaghan	Jenifer	Newmarket Joggers	Female Vet 35
204	00:38:39	227	Tyldesley	Frank	Unattached	Male Vet 40
205	00:38:41	69	Palmer	Simon	Ipswich Triathlon Club	Male Vet 50
206	00:38:44	168	Abbott	Martin	Stowmarket Striders	Male Senior
207	00:38:49	153	Burdett	William	Stowmarket Striders	Male Vet 40
208	00:38:50	370	Palmer	Lewis	Hadleigh Hares AC	Male Vet 40
209	00:38:53	192	Pallett	Michael	Stowmarket Striders	Male Senior
210	00:38:55	383	Richardson-Wright	Rachel	Colchester Harriers	Female Vet 40
211	00:38:56	185	Bishop	Rachael	St Edmund Pacers	Female Senior
212	00:38:59	235	Redfern	Simon	Cambridge Uni. Hare & Hounds	Male Vet 40
213	00:39:00	191	Dean	Gill	Ipswich Jaffa	Female Vet 45
214	00:39:00	405	Vince	Mark	Unattached	Male Senior
215	00:39:02	12	Cornish	Sally-Ann	Unattached	Female Senior
216	00:39:03	403	Abbott	Stuart	Woodbridge Shufflers	Male Senior
217	00:39:05	92	Clarke	Michael	Unattached	Male Senior
218	00:39:06	409	Jordan	Rebecca	Stowmarket Striders	Female Senior
219	00:39:06	198	Cooper	Sandra	Brandon Fern Hoppers	Female Vet 40
220	00:39:07	435	Levitt	Theresa	Unattached	Female Senior
221	00:39:08	29	Randell	Adrian	Unattached	Male Senior
222	00:39:10	474	Williams	David	Unattached	Male Vet 45
223	00:39:12	85	Price	Evette	Felixstowe Road Runners	Female Vet 40

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224	00:39:13	254	Tavener	Sarah	Stowmarket Striders	Female Senior
225	00:39:14	220	Duffiled	Roger	Tiptree Road Runners	Male Vet 60+
226	00:39:18	402	Kerridge	Paul	Woodbridge Shufflers	Male Vet 40
227	00:39:21	180	Hogg	Gavin	Unattached	Male Senior
228	00:39:23	408	Yeo	Tim	Felixstowe Road Runners	Male Vet 45
229	00:39:29	361	Hollands	Ben	St Edmund Pacers	Male Senior
230	00:39:30	194	Martin	David	Unattached	Male Vet 50
231	00:39:32	60	Bright	Stephen	Ipswich Ath. Supporters Club	Male Vet 40
232	00:39:34	129	Hogarth	M	Stowmarket Striders	Male Vet 45
233	00:39:36	337	Dodds	Greg	Unattached	Male Senior
234	00:39:37	309	Arthur	Nick	Unattached	Male Senior
235	00:39:38	473	Jordan	Alao	Unattached	Male Vet 45
236	00:39:41	203	Hogg	Nigel	Unattached	Male Vet 50
237	00:39:42	66	Raja	Catherine	Unattached	Female Senior
238	00:39:44	315	leathers	Stephen	St Edmund Pacers	Male Vet 40
239	00:39:48	50	Weight	Colin	St Edmund Pacers	Male Vet 60+
240	00:39:51	178	Collins	George	Ipswich Jaffa	Male Vet 40
241	00:39:52	465	Mappedoran	Derrin	Unattached	Male Senior
242	00:39:53	267	King	Leslie	Stowmarket Striders	Male Vet 45
243	00:39:54	237	Bernthal	Sandra	Hadleigh Hares AC	Female Vet 50
244	00:39:55	342	Thurlow	Dawn	Ipswich Jaffa	Female Vet 40
245	00:39:56	463	Taylor	Howard	Unattached	Male Vet 50
246	00:39:57	445	Mills	Peter	Unattached	Male Vet 50
247	00:39:58	450	Watt	Dave	Stowmarket Striders	Male Vet 45
248	00:39:59	428	Prigg	Colin	Unattached	Male Vet 40
249	00:39:40	343	Benfold	Sebastian	Unattached	Male Junior
250	00:39:40	344	Benfold	Benny	Unattached	Male Vet 40
251	00:39:41	476	Smith	Michael	Unattached	Male Senior
252	00:39:42	364	Basham	Leslie	Stowmarket Striders	Male Vet 55
253	00:39:43	302	Sparkes	Gail	Stowmarket Striders	Female Vet 45
254	00:39:44	310	Woolf	Colin	Harwich Runners	Male Vet 60+
255	00:39:46	98	Branton	Peter	Peterborough AC	Male Vet 55
256	00:39:49	279	Ryan	Mia	Unattached	Female Vet 35
257	00:40:10	416	Calver	Oliver	Ipswich Triathlon Club	Male Senior
258	00:40:11	240	Wright	Maureen	Ipswich Jaffa	Female Vet 55+
259	00:40:12	388	Thorpe	Carl	Stowmarket Striders	Male Vet 40
260	00:40:12	285	Ivatt	Mike	St Edmund Pacers	Male Vet 50
261	00:40:13	380	Cudmore	Liz	Colchester Harriers	Female Vet 55+
262	00:40:28	94	Foster	Paul	Gt Bentley Running Club	Male Vet 50
263	00:40:29	307	Colling	Joseph	Colchester & Tendring AC	Male Senior
264	00:40:32	434	Ryan	Martin	Unattached	Male Vet 40
265	00:40:33	141	Turner	Patrick	Unattached	Male Senior
266	00:40:36	105	Theobald	Paul	St Edmund Pacers	Male Vet 50
267	00:40:38	79	Parker	Elizabeth	Felixstowe Road Runners	Female Vet 35
268	00:40:40	78	Dadge	Nigel	Felixstowe Road Runners	Male Senior
269	00:40:41	19	Radley	Warren	Unattached	Male Senior
270	00:40:43	321	Barker	Richard	Unattached	Male Senior
271	00:40:44	396	Cross	Andrew	Unattached	Male Vet 45
272	00:40:50	458	Robbertse	Jake	Unattached	Male Senior
273	00:40:51	262	West	Leon	Unattached	Male Senior
274	00:40:52	17	Dormer	Sally	Brandon Fern Hoppers	Female Vet 55+
275	00:40:54	249	Jay	Nicola	Unattached	Female Senior
276	00:40:55	140	Moggan	Frank	Stowmarket Striders	Male Vet 55
277	00:40:56	136	Firman	Sarah-Jane	Norwich Road Runners	Female Senior
278	00:40:57	478	Blyth	Richard	Unattached	Male Vet 40
279	00:40:58	286	Hatcher	Bert	Ipswich Jaffa	Male Vet 60+

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280	00:41:01	242	Halestrap	Alison	Stowmarket Striders	Female Vet 35
281	00:41:05	241	Halestrap	Gary	Stowmarket Striders	Male Senior
282	00:41:06	137	Peck	Brian	St Edmund Pacers	Male Vet 55
283	00:41:14	93	Hawkesworth	Steven	Ipswich Jaffa	Male Vet 45
284	00:41:16	353	Helliwell	Fay	Colchester & Tendring AC	Female Senior
285	00:41:18	86	Snazell	Robbie	St Edmund Pacers	Male Vet 50
286	00:41:19	87	Snazell	Helen	St Edmund Pacers	Female Vet 50
287	00:41:20	15	Chubb	Jacqueline	Ipswich Triathlon Club	Female Vet 40
288	00:41:21	459	Harrison	Nigel	Unattached	Male Vet 45
289	00:41:24	48	McCarthy	Maureen	St Edmund Pacers	Female Vet 40
290	00:41:27	114	Maulkerson	Rosalino	Unattached	Female Vet 40
291	00:41:29	117	Waggott	Penny	Stowmarket Striders	Female Vet 35
292	00:41:29	156	Levett	Kim	Stowmarket Striders	Female Vet 35
293	00:41:30	274	Chapman	Alexis	Unattached	Female Vet 40
294	00:41:30	419	Cowan	Jennifer	Unattached	Female Senior
295	00:41:30	470	Stennett	Suzy	Unattached	Female Senior
296	00:41:43	2	Sauerzapf	Bobbie	Bungay Black Dog RC	Female Vet 45
297	00:41:53	455	Page	Simon	Unattached	Male Vet 50
298	00:41:56	95	Foster	Lyn	Gt Bentley Running Club	Female Vet 50
299	00:42:03	212	Young	Steven	Unattached	Male Vet 50
300	00:42:05	436	Batt	Michael	Unattached	Male Vet 55
301	00:42:09	147	Shatford	John	Unattached	Male Vet 40
302	00:42:11	247	Holland	Jane	Unattached	Female Vet 40
303	00:42:13	207	Bruty	Michael	Unattached	Male Vet 45
304	00:42:14	243	Hammond	Alison	Unattached	Female Vet 35
305	00:42:18	433	Griffiths	Stephen	Unattached	Male Vet 45
306	00:42:18	175	Mulley	Mick	Unattached	Male Vet 45
307	00:42:20	292	Spinks	Roger	Ipswich Jaffa	Male Vet 60+
308	00:42:22	54	George	John	Unattached	Male Vet 45
309	00:42:24	348	Warboys	Philipa	Unattached	Female Vet 55+
310	00:42:25	112	Ghant	Debbie	Stowmarket Striders	Female Vet 40
311	00:42:30	333	Dunne	Crispin	Unattached	Male Vet 45
312	00:42:31	130	Hogath	Ann	Stowmarket Striders	Female Vet 45
313	00:42:36	44	Geraghty	Charmaine	Stowmarket Striders	Female Senior
314	00:42:38	304	Sparkes	Roger	Stowmarket Striders	Male Vet 45
315	00:42:40	404	Scopes	Jeremy	Unattached	Male Vet 50
316	00:42:44	13	Fellingham	Anne	Stowmarket Striders	Female Vet 55+
317	00:42:46	257	Stannett	Kate	Ipswich Triathlon Club	Female Vet 40
318	00:42:48	255	Brown	Margery	Stowmarket Striders	Female Vet 55+
319	00:42:49	251	Ridgeon	Gavin	Unattached	Male Senior
320	00:42:49	317	Rooney	Michelle	Stowmarket Striders	Female Senior
321	00:42:54	339	Crabtree	Bruce	Unattached	Male Vet 45
322	00:42:57	161	Dolan	Jane	Stowmarket Striders	Female Vet 45
323	00:43:00	475	Ridgeon	Pamela	Unattached	Female Vet 55+
324	00:43:04	365	Burrows	Elaine	Diss AC	Female Vet 40
325	00:43:12	123	Hall	Naomi	Stowmarket Striders	Female Senior
326	00:43:12	33	Mayhew	Sandra	Stowmarket Striders	Female Vet 40
327	00:43:13	170	Towns	Jill	Unattached	Female Vet 45
328	00:43:23	471	Baillie	Jason	Ipswich Triathlon Club	Male Senior
329	00:43:33	382	ransome	Angela	St Edmund Pacers	Female Vet 35
330	00:43:36	91	Morrissey	Louise	Unattached	Female Vet 35
331	00:43:39	252	Boneham	Sarah	Unattached	Female Senior
332	00:43:43	322	Betson	Michael	Unattached	Male Vet 55
333	00:43:46	188	Bultz	Sarah	Unattached	Female Senior
334	00:43:56	398	Baird	Linda	Unattached	Female Vet 40
335	00:43:57	76	Fry	Helen	Unattached	Female Vet 45

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336	00:44:00	45	Wheatley	Angela	Haverhill Running Club	Female Senior
337	00:44:07	269	Wells	Alan	Stowmarket Striders	Male Vet 45
338	00:44:16	347	Stiling	Sally	Unattached	Female Vet 45
339	00:44:17	230	Cooke	Elizabeth	St Edmund Pacers	Female Vet 40
340	00:44:22	441	Jell	Janice	Felixstowe Road Runners	Female Vet 45
341	00:44:24	466	Farnworth	Jayne	Felixstowe Road Runners	Female Vet 45
342	00:44:25	6	van der Merwe	Ronel	Stowmarket Striders	Female Vet 45
343	00:44:29	231	Talbot	John	Unattached	Male Senior
344	00:44:31	378	Buckle	Tracy	Unattached	Female Vet 35
345	00:44:31	377	Buckle	Stephen	Unattached	Male Senior
346	00:44:32	232	Flack	Paul	Unattached	Male Senior
347	00:44:35	263	Uff	Frederick	Framlingham Flyers	Male Vet 60+
348	00:44:37	366	Nokes	Carol	Hadleigh Hares AC	Female Vet 45
349	00:44:37	71	Hargadon	Sue	Ipswich Triathlon Club	Female Vet 50
350	00:44:38	454	Wynne	Gerard	Unattached	Male Senior
351	00:44:41	371	Chaplin	Chris	Stowmarket Striders	Male Vet 55
352	00:44:46	468	Debenham	Colin	Unattached	Male Vet 45
353	00:44:47	187	O'Neil	Jaquie	St Edmund Pacers	Female Vet 35
354	00:44:48	384	Oliver	Anne	Felixstowe Road Runners	Female Vet 50
355	00:44:54	145	Thurlow	Julie	Ipswich Jaffa	Female Vet 50
356	00:44:55	135	Page	Graham	St Edmund Pacers	Male Vet 50
357	00:44:56	152	Button	Steve	Unattached	Male Senior
358	00:45:02	99	Huggins	Nick	St Edmund Pacers	Male Vet 50
359	00:45:14	239	Kirk	Marianne	Ipswich Jaffa	Female Vet 55+
360	00:45:15	204	Jewby	Petra	Unattached	Female Vet 40
361	00:45:20	288	Cooper	Clare	Unattached	Female Senior
362	00:45:20	131	Rhodes	Jacque	Unattached	Female Vet 45
363	00:45:31	119	Smith	Thomas	Newmarket Joggers	Male Vet 60+
364	00:45:32	224	Jarrett	Jenny	Felixstowe Road Runners	Female Vet 40
365	00:45:40	253	Butcher	Daryl	Harwich Runners	Male Vet 45
366	00:45:43	219	Starmer	Jan	Stowmarket Striders	Female Vet 45
367	00:45:47	190	Bultz	Peter	Unattached	Male Vet 45
368	00:45:51	311	Law	Victoria	Unattached	Female Senior
369	00:45:52	312	Law	Barbara	Gt Bentley Running Club	Female Vet 55+
370	00:45:53	290	Marks	Jonathan	Unattached	Male Vet 40
371	00:46:00	363	Reeve	Peter	Gt Bentley Running Club	Male Vet 45
372	00:46:03	167	Haverfield	Rachael	Unattached	Female Senior
373	00:46:12	20	Rawlings	Matthew	Unattached	Male Senior
374	00:46:17	181	Harbord	Chris	Gt Yarmouth RRC	Male Vet 60+
375	00:46:19	275	Tottle	Barbara	Ipswich Triathlon Club	Female Vet 50
376	00:46:20	37	Whyland	Sarah	Unattached	Female Senior
377	00:46:20	39	Murphy	Sue	Unattached	Female Senior
378	00:46:24	477	Scott	Michelle	Stowmarket Striders	Female Senior
379	00:46:27	53	Wilding	Jonathan	Unattached	Male Senior
380	00:46:28	28	McLaughlin	Wendy	Unattached	Female Senior
381	00:46:31	51	Munson	Mike	Havering 90 Joggers	Male Vet 50
382	00:46:33	291	Marks	Amanda	Unattached	Female Vet 40
383	00:46:36	210	Daniels	Sally	St Edmund Pacers	Female Vet 35
384	00:46:36	211	Fox	Jo	St Edmund Pacers	Female Vet 35
385	00:46:40	10	Nash	Katy	Stowmarket Striders	Female Vet 35
386	00:46:40	437	Kelly	Jack	Unattached	Male Vet 60+
387	00:46:42	429	Merriam	Jill	Unattached	Female Vet 45
388	00:46:43	35	Dunn	Susan	Unattached	Female Vet 45
389	00:46:47	101	Trevelyan	Paul	Unattached	Male Vet 45
390	00:46:52	174	Mulley	Lynda	Unattached	Female Vet 45
391	00:47:03	143	Rees	Sharon	Unattached	Female Vet 40

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392	00:47:04	55	George	Sue	Unattached	Female Vet 45
393	00:47:11	280	Delaney	Angie	Unattached	Female Vet 40
394	00:47:22	229	Wharton	Mark	St Edmund Pacers	Male Vet 40
395	00:47:26	258	Reynolda	Maria	Stowmarket Striders	Female Vet 45
396	00:47:28	427	Potter	David	Bungay Black Dog RC	Male Vet 60+
397	00:47:29	21	Baillie	Clare	Stowmarket Striders	Female Senior
398	00:47:35	356	Moore	Stephanie	Felixstowe Road Runners	Female Senior
399	00:47:36	355	Moore	Mick	Felixstowe Road Runners	Male Vet 50
400	00:47:37	214	Brimson	Sharon	Unattached	Female Vet 35
401	00:47:49	452	Redit	Mark	Unattached	Male Senior
402	00:47:49	453	Marsh	Ben	Unattached	Male Senior
403	00:47:53	176	Riley	John	Unattached	Male Vet 55
404	00:48:09	424	Morcom	Jenny	Woodbridge Shufflers	Female Vet 45
405	00:48:13	298	Jones	Steve	Unattached	Male Senior
406	00:48:30	391	Wade	Robert	Unattached	Male Vet 60+
407	00:48:34	323	Rosenberg	Susannah	Ipswich Triathlon Club	Female Vet 45
408	00:48:39	102	Stanford	Garry	St Edmund Pacers	Male Vet 55
409	00:48:40	103	Burt	Lucy	Unattached	Female Senior
410	00:48:42	81	Finegan	Helen	Felixstowe Road Runners	Female Junior
411	00:48:43	467	Boon	Tracy	Unattached	Female Senior
412	00:48:54	401	Challis	Helen	Felixstowe Road Runners	Female Vet 35
413	00:48:56	80	Finegan	Tim	Felixstowe Road Runners	Male Vet 40
414	00:48:58	338	Sullivan	Joanna	Unattached	Female Senior
415	00:48:59	100	Boyle	Lisa	Unattached	Female Vet 35
416	00:49:16	23	Norris	Rose	Stowmarket Striders	Female Vet 45
417	00:49:19	318	Walton	Amanda	Unattached	Female Vet 35
418	00:49:28	30	Randell	Bes	Unattached	Female Vet 40
419	00:49:36	59	Horley	Jo	Unattached	Female Vet 35
420	00:49:50	281	Doggett	Michaela	Unattached	Female Senior
421	00:50:10	126	Trowell	Sara	Unattached	Female Vet 35
422	00:50:48	124	ferber	Peter	Unattached	Male Vet 45
423	00:50:56	464	Jary	Nicky	Unattached	Female Senior
424	00:50:57	456	Brigdon	Ginny	Unattached	Male Senior
425	00:51:03	443	Graham	Pat	Ipswich Jaffa	Female Vet 55+
426	00:51:11	432	Warnett	Joan	Unattached	Female Vet 55+
427	00:51:25	49	Freeman	Lorna	Unattached	Female Vet 35
428	00:51:36	106	Ford	Rebecca	Unattached	Female Senior
429	00:51:48	451	Watt	Lesley	Stowmarket Striders	Female Vet 45
430	00:52:21	462	Leek	William	Unattached	Male Vet 60+
431	00:53:17	426	Wake	Mervyn	Ipswich Triathlon Club	Male Vet 60+
432	00:53:17	439	Rand	Chris	Unattached	Male Vet 45
433	00:53:25	226	Jones	Helen	Unattached	Female Senior
434	00:53:30	444	O'Sullivan	Mary	Ipswich Jaffa	Female Vet 35
435	00:53:48	418	Pateman	Lisa	Unattached	Female Senior
436	00:54:22	417	Martin	Amanda	Unattached	Female Vet 35
437	00:54:22	196	Collins	David	Unattached	Male Vet 40
438	00:55:16	195	Jenkins	Stephen	Unattached	Male Senior
439	00:55:19	385	Striling	Andrea	Unattached	Female Vet 35
440	00:55:59	390	Chapman	Chrissy	Unattached	Female Vet 45
441	00:56:53	308	Wiltshire	Angela	Hadleigh Hares AC	Female Vet 40
442	00:56:53	109	swift	Anita	Unattached	Female Vet 45
443	00:56:21	108	Carr	Karl	Unattached	Male Vet 40
444	01:00:21	32	Taylor	Glenda	Stowmarket Striders	Female Vet 55+
445	01:01:31	294	Murray	Tracey	Unattached	Female Vet 35
	dns/dnf	7	Smith	Corrina	Thetford AC	Female Vet 35
	dns/dnf	16	Chubb	Karl	Ipswich Triathlon Club	Male Vet 40

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	dns/dnf	25	Mallett	Amanda	Ipswich Triathlon Club	Female Vet 40
	dns/dnf	31	Barker	Peter	St Edmund Pacers	Male Senior
	dns/dnf	38	Grimson	Ashley	St Edmund Pacers	Male Senior
	dns/dnf	43	Day	Liz	Unattached	Female Vet 50
	dns/dnf	56	Cox	Richard	Stowmarket Striders	Male Vet 60+
	dns/dnf	61	Keevil	Raymond	Brandon Fern Hoppers	Male Vet 60+
	dns/dnf	62	Kemp	Kelly	Stowmarket Striders	Female Senior
	dns/dnf	67	Kinsford-Bere	Paul	Unattached	Male Senior
	dns/dnf	104	Bury	Robbie	Unattached	Male Senior
	dns/dnf	115	Bennett	Annebel	Felixstowe Road Runners	Female Vet 40
	dns/dnf	127	Browne	Su	Stowmarket Striders	Female Vet 50
	dns/dnf	128	Browne	Simon	Stowmarket Striders	Male Vet 45
	dns/dnf	139	Moggan	Sue	Stowmarket Striders	Female Vet 55+
	dns/dnf	189	wright	Gary	Unattached	Male Senior
	dns/dnf	199	Baguley	Peter	Ipswich Jaffa	Male Vet 45
	dns/dnf	217	Austin	Allison	Haverhill Running Club	Female Vet 40
	dns/dnf	244	Turner	Josh	Unattached	Male Junior
	dns/dnf	245	Harvey	Glen	Bildeston Bounders AC	Male Vet 45
	dns/dnf	246	brown	Richard	Unattached	Male Senior
	dns/dnf	264	Grainger	Michael	Unattached	Male Vet 60+
	dns/dnf	266	Robinson	David	Hadleigh Hares AC	Male Vet 50
	dns/dnf	276	Alston	Peter	Unattached	Male Junior
	dns/dnf	278	Turner	Mike	Liverpool Harriers	Male Vet 60+
	dns/dnf	283	Jarvis	Debbie	Unattached	Female Vet 40
	dns/dnf	284	Wrigley	Helen	Stowmarket Striders	Female Vet 45
	dns/dnf	295	Jones	Jenny	Bungay Black Dog RC	Female Senior
	dns/dnf	306	Whitefield	Sally	Unattached	Female Vet 40
	dns/dnf	316	O'Farrell	Ian	Stowmarket Striders	Male Senior
	dns/dnf	320	Challis	Helen	Felixstowe Road Runners	Female Vet 35
	dns/dnf	328	Lloyd	Stephanie	Unattached	Female Senior
	dns/dnf	331	Child	Louise	Unattached	Female Senior
	dns/dnf	332	Forster	Andy	Felixstowe Road Runners	Male Vet 45