

HOME BACK

Bury Friday Five Results 3rd June 2005

Results compiled by Raceres Results

[www.raceres.org.uk](http://www.raceres.org.uk)

My apologies for not getting the full results out on the evening, this was due to the adverse weather conditions.

| Pos | Time     | No  | Surname     | First Name | Club Name                | Category      |
|-----|----------|-----|-------------|------------|--------------------------|---------------|
| 1   | 00:26:08 | 168 | Barker      | Peter      | St Edmund Pacers         | Male Senior   |
| 2   | 00:26:20 | 357 | Godfrey     | Sam        | West Suffolk AC          | Male Junior   |
| 3   | 00:26:42 | 363 | Miller      | David      | Woodbridge Shufflers     | Male Senior   |
| 4   | 00:26:49 | 294 | Irvine      | Gordon     | Thames Valley Harriers   | Male Senior   |
| 5   | 00:27:17 | 331 | Taylor      | Andy       | St Edmund Pacers         | Male Senior   |
| 6   | 00:28:11 | 318 | Coll        | Robin      | Newmarket Joggers        | Male Vet 40   |
| 7   | 00:28:39 | 323 | Laing       | David      | Ipswich Jaffa            | Male Senior   |
| 8   | 00:28:50 | 325 | Diston      | Sam        | West Suffolk AC          | Male Junior   |
| 9   | 00:28:56 | 295 | Ridley      | Colin      | West Suffolk AC          | Male Vet 40   |
| 10  | 00:29:00 | 75  | Chenery     | Robert     | Ipswich Jaffa            | Male Senior   |
| 11  | 00:29:14 | 32  | Aldis       | Roger      | Stowmarket Striders      | Male Senior   |
| 12  | 00:29:16 | 73  | Gladley     | Alex       | Colchester & Tendring AC | Male Junior   |
| 13  | 00:29:19 | 8   | Houghton    | Andrew     | Unattached               | Male Vet 45   |
| 14  | 00:29:27 | 347 | Millett     | Simon      | Norwich Road Runners     | Male Senior   |
| 15  | 00:29:29 | 334 | Smith       | Tom        | Unattached               | Male Junior   |
| 16  | 00:29:31 | 340 | Copeland    | Gary       | St Edmund Pacers         | Male Vet 40   |
| 17  | 00:29:55 | 203 | Macsephaney | Scott      | Ipswich Jaffa            | Male Senior   |
| 18  | 00:30:03 | 242 | Gardiner    | David      | Felixstowe Road Runners  | Male Vet 40   |
| 19  | 00:30:06 | 253 | Smith       | Matthew    | St Edmund Pacers         | Male Junior   |
| 20  | 00:30:07 | 301 | Cunningham  | Mark       | St Edmund Pacers         | Male Senior   |
| 21  | 00:30:08 | 132 | Hicks       | Andy       | Lowestoft RR             | Male Vet 40   |
| 22  | 00:30:14 | 286 | Arnold      | Colin      | St Edmund Pacers         | Male Vet 50   |
| 23  | 00:30:19 | 256 | Rogers      | Nicola     | Colchester & Tendring AC | Female Senior |
| 24  | 00:30:39 | 319 | Waterson    | Kirsty     | St Edmund Pacers         | Female Senior |
| 25  | 00:30:39 | 364 | Porterhouse | Andrew     | West Suffolk AC          | Male Junior   |
| 26  | 00:30:43 | 266 | Starmer     | Chris      | Stowmarket Striders      | Male Vet 45   |
| 27  | 00:30:46 | 278 | Thomson     | David      | Unattached               | Male Vet 40   |
| 28  | 00:30:51 | 208 | Henman      | Tim        | St Edmund Pacers         | Male Vet 50   |
| 29  | 00:30:53 | 69  | Harrison    | Simon      | Ipswich Jaffa            | Male Senior   |
| 30  | 00:30:57 | 105 | Jordon      | Tamara     | Stowmarket Striders      | Female Senior |
| 31  | 00:31:00 | 310 | Quantril    | Philip     | Gt Yarmouth RRC          | Male Senior   |
| 32  | 00:31:01 | 322 | Dick        | Alistair   | Ipswich Jaffa            | Male Vet 40   |
| 33  | 00:31:08 | 234 | Hill        | Raymond    | Ipswich Jaffa            | Male Vet 55   |
| 34  | 00:31:11 | 287 | Reynard     | Mark       | Roundtrees AC York       | Male Senior   |
| 35  | 00:31:13 | 308 | Bailey      | Steve      | St Edmund Pacers         | Male Vet 40   |
| 36  | 00:31:17 | 296 | Ridley      | Andy       | Unattached               | Male Junior   |
| 37  | 00:31:20 | 106 | Thompson    | Carl       | Unattached               | Male Senior   |
| 38  | 00:31:25 | 227 | Roberts     | Ray        | Felixstowe Road Runners  | Male Vet 55   |
| 39  | 00:31:33 | 343 | Croll       | Floyd      | Unattached               | Male Junior   |
| 40  | 00:31:34 | 230 | Gibson      | David      | Colchester & Tendring AC | Male Junior   |
| 41  | 00:31:36 | 356 | Bird        | Sara       | West Suffolk AC          | Female Senior |
| 42  | 00:32:05 | 158 | Salter      | David      | St Edmund Pacers         | Male Vet 40   |
| 43  | 00:32:17 | 93  | Short       | Kevin      | Framlingham Flyers       | Male Vet 40   |
| 44  | 00:32:20 | 285 | Wankowski   | John       | Stowmarket Striders      | Male Senior   |
| 45  | 00:32:25 | 52  | Hammond     | Karle      | Unattached               | Male Senior   |
| 46  | 00:32:37 | 328 | Bourne      | Simon      | Ipswich Triathlon Club   | Male Vet 40   |
| 47  | 00:32:43 | 368 | Shkeasi     | Ardjan     | Unattached               | Male Junior   |
| 48  | 00:32:44 | 292 | Jarrold     | Darren     | Unattached               | Male Senior   |
| 49  | 00:32:49 | 303 | Batty       | Chris      | Felixstowe Road Runners  | Male Senior   |

|     |          |     |           |          |                         |                         |
|-----|----------|-----|-----------|----------|-------------------------|-------------------------|
| 50  | 00:32:56 | 207 | Vaughan   | Dave     | St Edmund Pacers        | Male Vet 50             |
| 51  | 00:32:58 | 74  | Chenery   | Duncan   | Ipswich Jaffa           | Male Vet 45             |
| 52  | 00:33:01 | 288 | Sandford  | David    | Stour Valley Joggers    | Male Senior             |
| 53  | 00:33:08 | 138 | Green     | Andrew   | Stowmarket Striders     | Male Senior             |
| 54  | 00:33:14 | 373 | Faust     | Stuart   | Unattached              | Male Senior             |
| 55  | 00:33:24 | 240 | Page      | Ashley   | St Edmund Pacers        | Male Senior             |
| 56  | 00:33:27 | 248 | Clayton   | Rob      | Felixstowe Road Runners | Male Vet 45             |
| 57  | 00:33:29 | 101 | Weston    | John     | Ipswich Jaffa           | Male Vet 45             |
| 58  | 00:33:31 | 174 | Dewison   | Paul     | Cambridge & Coleridge   | Male Vet 50             |
| 59  | 00:33:33 | 88  | Hayward   | Mark     | St Edmund Pacers        | Male Senior             |
| 60  | 00:33:39 | 246 | Jennings  | Val      | Ipswich Jaffa           | Female Vet 40           |
| 61  | 00:33:50 | 24  | Waterson  | John     | Unattached              | Male Senior             |
| 62  | 00:33:51 | 19  | Pearson   | Martin   | Unattached              | Male Senior             |
| 63  | 00:34:00 | 393 | Jones     | Jeffery  | Unattached              | Male Vet 45             |
| 64  | 00:34:00 | 1   | Jackson   | Alan     | Ipswich Jaffa           | Male Vet 45             |
| 65  | 00:34:04 | 62  | Hammond   | Nick     | Stowmarket Striders     | Male Senior             |
| 66  | 00:34:04 | 68  | Canham    | Paul     | Stowmarket Striders     | Male Senior             |
| 67  | 00:34:08 | 49  | Fell      | Jonathan | Unattached              | Male Vet 50             |
| 68  | 00:34:09 | 281 | Bastow    | Ed       | St Edmund Pacers        | Male Senior             |
| 69  | 00:34:13 | 3   | Chubb     | Karl     | Unattached              | Male Vet 40             |
| 70  | 00:34:14 | 312 | Larke     | Baz      | Unattached              | Male Senior             |
| 71  | 00:34:15 | 186 | Chaplin   | Michael  | Woodbridge Shufflers    | Male Vet 60+            |
| 72  | 00:34:17 | 130 | Wix       | Spencer  | Woodbridge Shufflers    | Male Senior             |
| 73  | 00:34:25 | 251 | Moy       | Steven   | Unattached              | Male Senior             |
| 74  | 00:34:26 | 302 | Benford   | Benny    | Unattached              | Male Vet 40             |
| 75  | 00:34:39 | 212 | Doig      | Adrian   | Stowmarket Striders     | Male Senior             |
| 76  | 00:34:41 | 360 | Macrosson | Ker      | Ipswich Jaffa           | Male Vet 50             |
| 77  | 00:34:47 | 332 | Gladwell  | Chris    | Stowmarket Striders     | Male Vet 45             |
| 78  | 00:34:48 | 194 | Partridge | Pat      | St Edmund Pacers        | Female Vet 50+          |
| 79  | 00:34:53 | 89  | Hayward   | Andy     | St Edmund Pacers        | Male Senior             |
| 80  | 00:34:57 | 30  | Ransom    | Simon    | Unattached              | Male Senior             |
| 81  | 00:35:00 | 11  | Dean      | Paul     | Unattached              | Male Senior             |
| 82  | 00:35:02 | 366 | Williams  | Keith    | Newmarket Joggers       | Male Vet 45             |
| 83  | 00:35:06 | 355 | Dowsing   | Laura    | West Suffolk AC         | Female Junior           |
| 84  | 00:35:15 | 298 | Forster   | Andrew   | Felixstowe Road Runners | Male Vet 45             |
| 85  | 00:35:15 | 254 | Syttle    | Haley    | Newmarket Joggers       | Female Vet 40           |
| 86  | 00:35:18 | 133 | Smith     | Andrew   | Unattached              | Male Vet 40             |
| 87  | 00:35:19 | 282 | Greener   | John     | Unattached              | Male Senior             |
| 88  | 00:35:21 | 99  | Staunton  | Louise   | Ipswich Jaffa           | Female Senior           |
| 89  | 00:35:32 | 118 | tricker   | Peter    | Stowmarket Striders     | Male Vet 55             |
| 90  | 00:35:35 | 306 | Last      | Rob      | St Edmund Pacers        | Male Senior             |
| 91  | 00:35:36 | 122 | Morton    | Glen     | St Edmund Pacers        | Male Senior             |
| 92  | 00:35:43 | 329 | Bunch     | Louise   | Stowmarket Striders     | Female Senior           |
| 93  | 00:35:46 | 200 | Swindon   | Robin    | Ipswich Jaffa           | Male Senior             |
| 94  | 00:35:51 | 83  | Miller    | Stephen  | St Edmund Pacers        | Male Vet 45             |
| 95  | 00:35:55 | 54  | Jeffery   | Cath     | St Edmund Pacers        | Female Senior           |
| 96  | 00:35:57 | 257 | Bye       | Barry    | Ryston Runners          | Male Vet 55             |
| 97  | 00:35:58 | 348 | Mann      | Elies    | Norwich Road Runners    | Unable to place in Cat. |
| 98  | 00:35:58 | 374 | Peck      | Glyn     | Harwich Runners         | Male Vet 60+            |
| 99  | 00:35:59 | 153 | Palmer    | Jonny    | Ipswich Triathlon Club  | Male Junior             |
| 100 | 00:36:04 | 180 | Garrod    | Miles    | Stowmarket Striders     | Male Vet 40             |
| 101 | 00:36:05 | 39  | Wright    | Thomas   | Unattached              | Male Junior             |
| 102 | 00:36:09 | 267 | Moore     | Graham   | St Edmund Pacers        | Male Senior             |
| 103 | 00:36:21 | 139 | Smith     | Gary     | Unattached              | Male Vet 45             |
| 104 | 00:36:32 | 351 | Johnson   | Mark     | Unattached              | Male Senior             |
| 105 | 00:36:33 | 379 | Robinson  | David    | Hadleigh Hares AC       | Male Vet 50             |
| 106 | 00:36:34 | 380 | Hale      | Nicola   | Ipswich Jaffa           | Female Senior           |
| 107 | 00:36:46 | 150 | Cashen    | John     | Unattached              | Male Senior             |
| 108 | 00:36:54 | 169 | Kirk      | Clive    | Ipswich Jaffa           | Male Vet 55             |

|     |          |     |              |           |                          |                |
|-----|----------|-----|--------------|-----------|--------------------------|----------------|
| 109 | 00:36:56 | 193 | Golding      | Sarah     | St Edmund Pacers         | Female Vet 40  |
| 110 | 00:36:58 | 103 | Airlie       | Brian     | Hadleigh Hares AC        | Male Senior    |
| 111 | 00:37:01 | 192 | Midleton     | Julia     | Newmarket Joggers        | Female Vet 50+ |
| 112 | 00:37:02 | 293 | Taylor       | Howard    | Unattached               | Male Vet 50    |
| 113 | 00:37:07 | 72  | Long         | Simon     | Unattached               | Male Senior    |
| 114 | 00:37:10 | 327 | Buxton       | Anita     | Newmarket Joggers        | Female Vet 35  |
| 115 | 00:37:13 | 324 | Cahill       | Elizabeth | Colchester Harriers      | Female Vet 40  |
| 116 | 00:37:22 | 336 | White        | Paul      | Unattached               | Male Vet 40    |
| 117 | 00:37:24 | 241 | Appleby      | Stuart    | Unattached               | Male Vet 40    |
| 118 | 00:37:28 | 255 | Mawer        | Roger     | Lowestoft RR             | Male Vet 60+   |
| 119 | 00:37:30 | 98  | Earthrowl    | Mark      | Unattached               | Male Senior    |
| 120 | 00:37:31 | 15  | Pearce       | Sally     | Felixstowe Road Runners  | Female Vet 45  |
| 121 | 00:37:34 | 78  | Overman      | David     | St Edmund Pacers         | Male Vet 40    |
| 122 | 00:37:37 | 165 | Sealey       | Wendy     | Ipswich Harriers         | Female Vet 40  |
| 123 | 00:37:38 | 166 | Sealey       | David     | Ipswich Harriers         | Male Vet 40    |
| 124 | 00:37:38 | 92  | Davidson     | Mick      | Unattached               | Male Vet 40    |
| 125 | 00:37:45 | 71  | Duffield     | Roger     | Tiptree Road Runners     | Male Vet 60+   |
| 126 | 00:37:47 | 225 | Fellingham   | Richard   | Stowmarket Striders      | Male Vet 55    |
| 127 | 00:37:47 | 252 | Smith        | Robin     | St Edmund Pacers         | Male Vet 50    |
| 128 | 00:37:50 | 123 | Freeman      | Ian       | St Edmund Pacers         | Male Vet 50    |
| 129 | 00:37:51 | 142 | Thomas       | Colin     | Stowmarket Striders      | Male Vet 40    |
| 130 | 00:37:54 | 341 | Mills        | Peter     | Unattached               | Male Vet 50    |
| 131 | 00:38:00 | 383 | Marsdon      | Philip    | Unattached               | Male Vet 45    |
| 132 | 00:38:00 | 185 | Chappell     | Chris     | St Edmund Pacers         | Male Vet 50    |
| 133 | 00:38:03 | 260 | Jones        | Wyn       | Felixstowe Road Runners  | Male Vet 50    |
| 134 | 00:38:04 | 320 | Bolton       | Jon       | Gt Bentley RC            | Male Senior    |
| 135 | 00:38:05 | 59  | Phillips     | Lorraine  | Stowmarket Striders      | Female Senior  |
| 136 | 00:38:07 | 70  | Tomlinson    | Robert    | Stowmarket Striders      | Male Vet 45    |
| 137 | 00:38:07 | 53  | Whitaker     | Steven    | Unattached               | Male Senior    |
| 138 | 00:38:10 | 178 | Hogg         | Gavin     | Unattached               | Male Senior    |
| 139 | 00:38:11 | 311 | Jean-Jacques | Patrick   | Unattached               | Male Senior    |
| 140 | 00:38:12 | 162 | Cooke        | Julie     | Bildeston Bounders       | Female Vet 45  |
| 141 | 00:38:13 | 220 | Mann         | Stuart    | Unattached               | Male Senior    |
| 142 | 00:38:15 | 326 | O'Calagaan   | Jennifer  | Newmarket Joggers        | Female Vet 35  |
| 143 | 00:38:16 | 87  | Basham       | Leslie    | Stowmarket Striders      | Male Vet 55    |
| 144 | 00:38:24 | 155 | Whyand       | Sarah     | St Edmund Pacers         | Female Senior  |
| 145 | 00:38:27 | 270 | Smith        | Verity    | Ipswich Jaffa            | Female Senior  |
| 146 | 00:38:28 | 96  | Randall      | Adrian    | Unattached               | Male Senior    |
| 147 | 00:38:31 | 396 | Levett       | Theresa   | Unattached               | Female Senior  |
| 148 | 00:38:32 | 102 | Weight       | Colin     | St Edmund Pacers         | Male Vet 60+   |
| 149 | 00:38:33 | 386 | Young        | David     | Unattached               | Male Senior    |
| 150 | 00:38:37 | 263 | Alstrachen   | Angie     | St Edmund Pacers         | Female Vet 35  |
| 151 | 00:38:44 | 321 | Bennett      | Nikki     | Gt Bentley RC            | Male Senior    |
| 152 | 00:38:45 | 358 | Baker        | Matthew   | Unattached               | Male Senior    |
| 153 | 00:38:47 | 163 | Wooller      | Diane     | Colchester & Tendring AC | Female Vet 50+ |
| 154 | 00:38:52 | 14  | Dean         | Gill      | Ipswich Jaffa            | Female Vet 45  |
| 155 | 00:38:53 | 114 | Braverman    | Terry     | Newmarket Joggers        | Male Vet 60+   |
| 156 | 00:38:54 | 181 | Garrod       | Sue       | Stowmarket Striders      | Female Vet 40  |
| 157 | 00:38:57 | 67  | Canham       | Ella      | Stowmarket Striders      | Female Vet 40  |
| 158 | 00:39:02 | 290 | Holland      | Ben       | St Edmund Pacers         | Male Senior    |
| 159 | 00:39:06 | 126 | Fisher       | Emilie    | Ipswich Triathlon Club   | Female Senior  |
| 160 | 00:39:09 | 195 | Brough       | Bob       | Unattached               | Male Vet 40    |
| 161 | 00:39:10 | 37  | Hyland       | Ben       | St Edmund Pacers         | Male Senior    |
| 162 | 00:39:11 | 349 | Docherty     | John      | Ipswich Jaffa            | Male Vet 60+   |
| 163 | 00:39:21 | 199 | Finegan      | Tim       | Felixstowe Road Runners  | Male Vet 40    |
| 164 | 00:39:23 | 137 | Snazell      | Matthew   | St Edmund Pacers         | Male Senior    |
| 165 | 00:39:25 | 361 | Prigg        | Colin     | Unattached               | Male Senior    |
| 166 | 00:39:28 | 235 | Staunton     | Rebecca   | Unattached               | Female Senior  |
| 167 | 00:39:29 | 7   | Bestow       | Nik       | Ipswich Triathlon Club   | Male Vet 40    |

|     |          |     |            |               |                         |                |
|-----|----------|-----|------------|---------------|-------------------------|----------------|
| 168 | 00:39:29 | 201 | Ablitt     | Martin        | Stowmarket Striders     | Male Senior    |
| 169 | 00:39:34 | 330 | Zilke      | Kimberly      | Stowmarket Striders     | Female Senior  |
| 170 | 00:39:44 | 367 | Jeffery    | Ben           | Unattached              | Male Senior    |
| 171 | 00:39:44 | 42  | Wiggins    | Eric          | Unattached              | Male Vet 40    |
| 172 | 00:39:49 | 152 | Palmer     | Simon         | Ipswich Triathlon Club  | Male Vet 50    |
| 173 | 00:40:04 | 233 | Martin     | David         | Unattached              | Male Vet 50    |
| 174 | 00:40:08 | 65  | Browne     | Simon         | Unattached              | Male Vet 45    |
| 175 | 00:40:11 | 283 | Tufts      | Mark          | Wymondham AC            | Male Senior    |
| 176 | 00:40:15 | 35  | Bishop     | Racheal       | St Edmund Pacers        | Female Senior  |
| 177 | 00:40:16 | 289 | Collings   | George        | Ipswich Triathlon Club  | Male Vet 40    |
| 178 | 00:40:17 | 339 | Griffiths  | Stephen       | Unattached              | Male Vet 40    |
| 179 | 00:40:18 | 365 | Kitchen    | Simon         | Unattached              | Male Vet 40    |
| 180 | 00:40:30 | 44  | Hunt       | Laurence      | Unattached              | Male Junior    |
| 181 | 00:40:31 | 369 | Jordon     | Alan          | Unattached              | Male Vet 45    |
| 182 | 00:40:40 | 378 | Ridgeon    | Gavin         | Unattached              | Male Senior    |
| 183 | 00:40:40 | 375 | Ridgeon    | Chris         | Unattached              | Male Vet 50    |
| 184 | 00:40:43 | 397 | Talbot     | Mr            | Unattached              | Male Senior    |
| 185 | 00:40:45 | 315 | Sherwin    | Kate          | Felixstowe Road Runners | Female Vet 35  |
| 186 | 00:40:46 | 115 | Braverman  | Diana         | Newmarket Joggers       | Female Vet 50+ |
| 187 | 00:40:50 | 314 | Cooper     | Philip        | Felixstowe Road Runners | Male Vet 45    |
| 188 | 00:40:54 | 291 | Waggott    | Penny         | Unattached              | Female Vet 35  |
| 189 | 00:40:57 | 377 | Stennett   | Suzi          | Unattached              | Female Senior  |
| 190 | 00:40:58 | 316 | Naughton   | Joe           | Stowmarket Striders     | Male Vet 40    |
| 191 | 00:41:04 | 135 | Snazell    | Rob           | St Edmund Pacers        | Male Vet 50    |
| 192 | 00:41:04 | 359 | Power      | Michael       | Unattached              | Male Vet 45    |
| 193 | 00:41:07 | 149 | Cartwright | Stephen       | Gt Bentley RC           | Male Vet 45    |
| 194 | 00:41:07 | 64  | Merwe      | Ronel van der | Stowmarket Striders     | Female Vet 45  |
| 195 | 00:41:07 | 307 | Buttress   | Andrew        | Unattached              | Male Vet 40    |
| 196 | 00:41:07 | 309 | Valentine  | Alan          | Unattached              | Male Senior    |
| 197 | 00:41:09 | 219 | Tait       | Stephen       | Unattached              | Male Senior    |
| 198 | 00:41:11 | 392 | Atkins     | Dan           | Unattached              | Male Senior    |
| 199 | 00:41:16 | 237 | Firman     | Sarah-Jane    | Norwich Road Runners    | Female Senior  |
| 200 | 00:41:23 | 136 | Snazell    | Helen         | St Edmund Pacers        | Female Vet 45  |
| 201 | 00:41:24 | 346 | Batt       | Michael       | St Edmund Pacers        | Male Vet 55    |
| 202 | 00:41:25 | 304 | Tillyard   | Robert        | Unattached              | Male Vet 40    |
| 203 | 00:41:26 | 45  | Hunt       | Sarah         | Unattached              | Female Vet 35  |
| 204 | 00:41:30 | 57  | Bright     | Stephen       | British Athletics AC    | Male Vet 40    |
| 205 | 00:41:30 | 236 | Parker     | Zibby         | Felixstowe Road Runners | Female Senior  |
| 206 | 00:41:30 | 183 | Dadge      | Nigel         | Felixstowe Road Runners | Male Senior    |
| 207 | 00:41:30 | 66  | Browne     | Su            | Stowmarket Striders     | Female Vet 50+ |
| 208 | 00:41:31 | 264 | Jobbins    | Michael       | Unattached              | Male Vet 40    |
| 209 | 00:41:32 | 108 | Hendriks   | Gertrude      | Unattached              | Female Vet 35  |
| 210 | 00:41:33 | 204 | Wright     | Maureen       | Ipswich Jaffa           | Female Vet 50+ |
| 211 | 00:41:34 | 198 | Justin     | Jane          | Unattached              | Female Vet 35  |
| 212 | 00:41:39 | 94  | Price      | Evette        | Framlingham Flyers      | Female Vet 40  |
| 213 | 00:41:42 | 243 | Cable      | Sally         | Gt Bentley RC           | Female Vet 50+ |
| 214 | 00:41:46 | 247 | Sweeney    | Robert        | Unattached              | Male Senior    |
| 215 | 00:41:53 | 16  | Notley     | Naomi         | Unattached              | Female Senior  |
| 216 | 00:41:54 | 277 | Toms       | David         | Brandon Fern Hoppers    | Male Vet 50    |
| 217 | 00:41:55 | 51  | Skelton    | Tim           | Unattached              | Male Vet 45    |
| 218 | 00:41:58 | 300 | Branton    | Peter         | Peterborough AC         | Male Vet 55    |
| 219 | 00:42:03 | 209 | Gaffer     | Paul          | Unattached              | Male Vet 45    |
| 220 | 00:42:04 | 148 | Mulley     | Mick          | Unattached              | Male Vet 45    |
| 221 | 00:42:06 | 279 | Dunn       | Crispin       | Unattached              | Male Vet 45    |
| 222 | 00:42:09 | 259 | Eales      | Frank         | St Edmund Pacers        | Male Vet 55    |
| 223 | 00:42:16 | 127 | Anthistle  | Joh           | Unattached              | Male Vet 50    |
| 224 | 00:42:16 | 202 | Anthistle  | Victoria      | Unattached              | Female Senior  |
| 225 | 00:42:24 | 337 | Khayser    | Kay           | Unattached              | Female Vet 40  |
| 226 | 00:42:30 | 91  | Moggan     | Frank         | Stowmarket Striders     | Male Vet 55    |

|     |          |     |            |           |                         |                |
|-----|----------|-----|------------|-----------|-------------------------|----------------|
| 227 | 00:42:32 | 206 | Norman     | Sally     | Unattached              | Female Senior  |
| 228 | 00:42:39 | 333 | Ransome    | Angela    | Unattached              | Female Vet 35  |
| 229 | 00:42:39 | 372 | McKenna    | Susa      | Unattached              | Female Vet 35  |
| 230 | 00:42:41 | 371 | Ling       | Peter     | Unattached              | Male Senior    |
| 231 | 00:42:41 | 382 | Jones      | Stuart    | Unattached              | Male Senior    |
| 232 | 00:42:45 | 214 | Leathers   | Stephen   | St Edmund Pacers        | Male Vet 40    |
| 233 | 00:42:49 | 394 | Chittick   | David     | Unattached              | Male Vet 40    |
| 234 | 00:42:50 | 381 | Jones      | Stephen   | Unattached              | Male Senior    |
| 235 | 00:42:56 | 245 | Crabtree   | Bruce     | Unattached              | Male Vet 40    |
| 236 | 00:43:14 | 48  | Maulkerson | Rosalind  | Unattached              | Female Vet 35  |
| 237 | 00:43:20 | 385 | Smit       | Jacob     | Unattached              | Male Vet 40    |
| 238 | 00:43:21 | 176 | George     | John      | Unattached              | Male Vet 45    |
| 239 | 00:43:22 | 161 | Trevelyan  | Paul      | Unattached              | Male Vet 45    |
| 240 | 00:43:24 | 77  | Relf       | Jenny     | Stowmarket Striders     | Female Vet 40  |
| 241 | 00:43:25 | 231 | Peck       | Brian     | St Edmund Pacers        | Male Vet 55    |
| 242 | 00:43:26 | 189 | Brinkley   | Elaine    | Felixstowe Road Runners | Female Vet 45  |
| 243 | 00:43:32 | 376 | Ridgeon    | Pamela    | Unattached              | Female Vet 50+ |
| 244 | 00:43:32 | 284 | Scopes     | Jemery    | Unattached              | Male Vet 50    |
| 245 | 00:43:34 | 131 | Wheatley   | Andela    | Haverhill RC            | Female Senior  |
| 246 | 00:43:37 | 342 | Read       | Chris     | Unattached              | Male Junior    |
| 247 | 00:43:37 | 335 | Bird       | Tom       | West Suffolk AC         | Male Junior    |
| 248 | 00:43:43 | 63  | Mayhew     | Sandra    | Unattached              | Female Vet 40  |
| 249 | 00:43:43 | 280 | Hammond    | Peter     | Unattached              | Male Vet 55    |
| 250 | 00:43:44 | 265 | Starmer    | Jan       | Stowmarket Striders     | Female Vet 40  |
| 251 | 00:43:54 | 58  | Lane       | Maggie    | Unattached              | Female Vet 40  |
| 252 | 00:44:01 | 238 | White      | Penelope  | Unattached              | Female Vet 40  |
| 253 | 00:44:03 | 317 | Uff        | Fred      | Framlingham Flyers      | Male Vet 60+   |
| 254 | 00:44:14 | 90  | Butcher    | Daryl     | Harwich Runners         | Male Vet 45    |
| 255 | 00:44:17 | 384 | Eastwood   | James     | Unattached              | Male Senior    |
| 256 | 00:44:23 | 157 | Chaplin    | Chris     | Stowmarket Striders     | Male Vet 55    |
| 257 | 00:44:23 | 224 | Fellingham | Anne      | Stowmarket Striders     | Female Vet 50+ |
| 258 | 00:44:23 | 143 | Bultz      | peter     | Unattached              | Male Vet 45    |
| 259 | 00:44:27 | 172 | Ruppert    | Anja      | Unattached              | Female Senior  |
| 260 | 00:44:28 | 395 | Reynolds   | Maria     | Stowmarket Striders     | Female Vet 45  |
| 261 | 00:44:35 | 370 | Kanyembo   | Andy      | West Suffolk AC         | Male Junior    |
| 262 | 00:44:37 | 140 | Chambers   | Mike      | St Edmund Pacers        | Male Vet 60+   |
| 263 | 00:44:39 | 38  | Cornish    | Sallu-Ann | Unattached              | Female Senior  |
| 264 | 00:44:41 | 170 | Welch      | Anna      | Liverpool Harriers      | Female Senior  |
| 265 | 00:44:41 | 17  | Low        | Colin     | Unattached              | Male Senior    |
| 266 | 00:44:47 | 344 | Stone      | Julia     | Unattached              | Female Vet 40  |
| 267 | 00:44:57 | 269 | Farnworth  | Jayne     | Felixstowe Road Runners | Female Vet 45  |
| 268 | 00:45:02 | 113 | Okamoto    | Karen     | Unattached              | Female Vet 45  |
| 269 | 00:45:02 | 389 | Squirrel   | Barry     | Unattached              | Male Vet 55    |
| 270 | 00:45:06 | 111 | Webb       | Andrew    | Unattached              | Male Vet 60+   |
| 271 | 00:45:13 | 76  | Dolan      | Jane      | Stowmarket Striders     | Female Vet 45  |
| 272 | 00:45:20 | 354 | White      | Peter     | Unattached              | Male Senior    |
| 273 | 00:45:22 | 29  | Barker     | Jacquelin | Eye RC                  | Female Vet 50+ |
| 274 | 00:45:33 | 250 | Naughton   | Denise    | Stowmarket Striders     | Female Vet 35  |
| 275 | 00:45:55 | 50  | Ghant      | Debbie    | Stowmarket Striders     | Female Vet 35  |
| 276 | 00:45:59 | 390 | Bond       | Andy      | Stowmarket Striders     | Male Vet 55    |
| 277 | 00:46:06 | 128 | Hardy      | Sharon    | Unattached              | Female Vet 40  |
| 278 | 00:46:06 | 268 | Geraghty   | Charmine  | Stowmarket Striders     | Female Senior  |
| 279 | 00:46:12 | 184 | Chappell   | Morag     | St Edmund Pacers        | Female Vet 45  |
| 280 | 00:46:30 | 124 | Rogers     | Richard   | Unattached              | Male Vet 55    |
| 281 | 00:46:31 | 154 | Hargadon   | Sue       | Ipswich Triathlon Club  | Female Vet 50+ |
| 282 | 00:46:43 | 28  | Gray       | Kevin     | Eye RC                  | Male Vet 45    |
| 283 | 00:46:47 | 40  | Gregory    | John      | Unattached              | Male Senior    |
| 284 | 00:46:57 | 262 | Harbord    | Chris     | Gt Yarmouth RRC         | Male Vet 55    |
| 285 | 00:47:07 | 110 | Higgins    | Nick      | St Edmund Pacers        | Male Vet 50    |

|     |          |     |            |            |                        |                |
|-----|----------|-----|------------|------------|------------------------|----------------|
| 286 | 00:47:08 | 5   | Dunne      | Susan      | Unattached             | Female Vet 45  |
| 287 | 00:47:08 | 345 | Merrian    | Jill       | Unattached             | Female Vet 45  |
| 288 | 00:47:12 | 352 | Lan        | Victoria   | Unattached             | Female Senior  |
| 289 | 00:47:12 | 350 | Clarke     | Vaughan    | Unattached             | Male Senior    |
| 290 | 00:47:12 | 353 | Law        | Barbara    | Gt Bentley RC          | Female Vet 50+ |
| 291 | 00:47:23 | 18  | Rees       | Sharon     | Unattached             | Female Vet 40  |
| 292 | 00:47:28 | 177 | George     | Sue        | Unattached             | Female Vet 45  |
| 293 | 00:47:33 | 164 | Lambert    | Catherine  | Unattached             | Female Vet 35  |
| 294 | 00:47:42 | 147 | Mulley     | Lynda      | Unattached             | Female Vet 45  |
| 295 | 00:48:02 | 82  | Squirrel   | Nicky      | Unattached             | Female Vet 35  |
| 296 | 00:48:32 | 221 | Lovett     | Suzanne    | Ipswich Jaffa          | Female Senior  |
| 297 | 00:48:34 | 196 | Osbourne   | Catherine  | Ipswich Jaffa          | Female Senior  |
| 298 | 00:48:41 | 2   | Chubb      | Jacqueline | Unattached             | Female Vet 40  |
| 299 | 00:48:56 | 97  | Randall    | Bex        | Unattached             | Female Vet 40  |
| 300 | 00:48:56 | 112 | Webb       | Geoff      | Unattached             | Male Vet 50    |
| 301 | 00:49:03 | 144 | Bultz      | Sarah      | Unattached             | Female Junior  |
| 302 | 00:49:10 | 109 | Carin      | Minnie     | Unattached             | Female Vet 35  |
| 303 | 00:49:19 | 228 | Rosenburg  | Susannah   | Ipswich Triathlon Club | Female Vet 40  |
| 304 | 00:49:36 | 173 | Johnson    | Miles      | Comberton Joggers      | Male Vet 50    |
| 305 | 00:49:42 | 31  | Nice       | Alison     | Unattached             | Female Vet 40  |
| 306 | 00:49:42 | 362 | Nest       | Claire     | Unattached             | Female Senior  |
| 307 | 00:49:49 | 85  | Seggar     | Sue        | Stowmarket Striders    | Female Vet 50+ |
| 308 | 00:49:59 | 125 | Wade       | Robert     | Unattached             | Male Vet 60+   |
| 309 | 00:50:06 | 134 | Short      | Erica      | St Edmund Pacers       | Female Vet 50+ |
| 310 | 00:50:23 | 338 | West       | David      | St Edmund Pacers       | Male Vet 60+   |
| 311 | 00:51:06 | 391 | Bluett     | Melvyn     | Unattached             | Male Vet 55    |
| 312 | 00:51:09 | 119 | Scoulding  | Janet      | Unattached             | Female Senior  |
| 313 | 00:51:27 | 43  | Wiggins    | Debbie     | Unattached             | Female Vet 35  |
| 314 | 00:51:32 | 20  | Campbell   | Jordana    | Unattached             | Female Senior  |
| 315 | 00:51:32 | 21  | Martin     | Amanda     | Unattached             | Female Vet 35  |
| 316 | 00:52:08 | 205 | Kirk       | Marianne   | Ipswich Jaffa          | Female Vet 50+ |
| 317 | 00:52:08 | 232 | Clarke     | Mary       | Unattached             | Female Vet 50+ |
| 318 | 00:52:23 | 387 | Jenkins    | Cathrine   | Unattached             | Female Vet 50+ |
| 319 | 00:52:23 | 388 | Jenkins    | Paul       | Unattached             | Male Vet 55    |
| 320 | 00:52:39 | 12  | Willis     | Anna       | Unattached             | Female Vet 35  |
| 321 | 00:53:28 | 305 | Owen       | Susanne    | Unattached             | Female Senior  |
| 322 | 00:53:50 | 95  | Sayer      | Elaine     | Unattached             | Female Vet 50+ |
| 323 | 00:53:50 | 121 | Morton     | Jo         | Unattached             | Female Vet 35  |
| 324 | 00:54:05 | 175 | Day        | Elizabeth  | Unattached             | Female Vet 45  |
| 325 | 00:54:45 | 182 | Wrigley    | Helen      | Stowmarket Striders    | Female Vet 40  |
| 326 | 00:56:02 | 146 | Bultz      | Nicola     | Unattached             | Female Junior  |
| 327 | 00:56:40 | 171 | Stanway    | Tony       | Ipswich Jaffa          | Male Senior    |
| 328 | 00:56:52 | 213 | Chapman    | Ann        | Unattached             | Female Vet 45  |
| 329 | 00:56:52 | 313 | Stribling  | Andrea     | Unattached             | Female Vet 35  |
| 330 | 00:57:09 | 41  | Thirkettle | Lisa       | Unattached             | Female Senior  |
| 331 | 01:04:15 | 187 | Gaskell    | Jo         | Unattached             | Female Senior  |
| 332 | 01:04:23 | 27  | Gray       | Liz        | Eye RC                 | Female Vet 50+ |
| 333 | 01:04:36 | 216 | Taylor     | Glenda     | Stowmarket Striders    | Female Vet 50+ |
| 334 | 01:04:42 | 26  | Barker     | Ralph      | Eye RC                 | Male Vet 50    |
|     | DNS/DNF  | 46  | Adamson    | Vicki      | Unattached             | Female Vet 35  |
|     | DNS/DNF  | 167 | Austin     | Gillian    | Unattached             | Female Vet 35  |
|     | DNS/DNF  | 197 | Baguley    | Peter      | Ipswich Jaffa          | Male Vet 45    |
|     | DNS/DNF  | 188 | Bingham    | Heidi      | Stowmarket Striders    | Female Senior  |
|     | DNS/DNF  | 275 | Brodie     | Steve      | Unattached             | Male Senior    |
|     | DNS/DNF  | 117 | Christina  |            | Unattached             | Female Senior  |
|     | DNS/DNF  | 36  | Clark      | Andrew     | St Edmund Pacers       | Male Senior    |
|     | DNS/DNF  | 84  | Cobbold    | Michael    | St Edmund Pacers       | Male Vet 40    |
|     | DNS/DNF  | 156 | Cooke      | Chris      | St Edmund Pacers       | Male Vet 40    |
|     | DNS/DNF  | 273 | Cooper     | Sandra     | Brandon Fern Hoppers   | Female Vet 40  |

|         |     |                  |         |                         |                         |
|---------|-----|------------------|---------|-------------------------|-------------------------|
| DNS/DNF | 272 | Cooper           | Ian     | Thetford AC             | Male Vet 45             |
| DNS/DNF | 223 | Cotton           | Peter   | Newmarket Joggers       | Male Vet 55             |
| DNS/DNF | 297 | Crack            | Trevor  | Unattached              | Male Vet 50             |
| DNS/DNF | 129 | Crawley          | Tracey  | Hadleigh Hares AC       | Female Vet 35           |
| DNS/DNF | 276 | Cubitt           | Neil    | Brandon Fern Hoppers    | Male Senior             |
| DNS/DNF | 218 | Denwood          | Rick    | Stowmarket Striders     | Male Senior             |
| DNS/DNF | 249 | Dormer           | Sally   | Brandon Fern Hoppers    | Female Vet 50+          |
| DNS/DNF | 56  | Drane            | Lyn     | Felixstowe Road Runners | Female Vet 45           |
| DNS/DNF | 229 | Entwistle        | Joshua  | Felixstowe Road Runners | Male Junior             |
| DNS/DNF | 226 | Fellingham-Boyce | Jane    | Stowmarket Striders     | Female Vet 35           |
| DNS/DNF | 299 | Fovargue         | Ian     | Hadleigh Hares AC       | Male Vet 45             |
| DNS/DNF | 271 | Garnwood         | Alan    | Hadleigh Hares AC       | Male Vet 40             |
| DNS/DNF | 10  | Gleen            | Matt    | Unattached              | Male Senior             |
| DNS/DNF | 239 | Goodwin          | Lynda   | Brandon Fern Hoppers    | Female Vet 35           |
| DNS/DNF | 211 | Grainger         | Michael | Unattached              | Male Vet 60+            |
| DNS/DNF | 222 | Hammond          | Alison  | Unattached              | Female Vet 35           |
| DNS/DNF | 179 | Harper           | Kevin   | Witham RC               | Male Senior             |
| DNS/DNF | 61  | Hogarth          | Ann     | Unattached              | Female Vet 45           |
| DNS/DNF | 47  | Hogath           | Malcolm | Stowmarket Striders     | Male Vet 45             |
| DNS/DNF | 210 | Kelly            | James   | Framlingham Flyers      | Male Vet 60+            |
| DNS/DNF | 215 | Leathers         | Gillian | St Edmund Pacers        | Female Vet 35           |
| DNS/DNF | 120 | Middleditch      | John    | Unattached              | Male Vet 50             |
| DNS/DNF | 159 | Miles            | Steven  | Unattached              | Male Senior             |
| DNS/DNF | 160 | Miles            | Terry   | Unattached              | Male Senior             |
| DNS/DNF | 217 | Morley           | Sam     | Unattached              | Male Senior             |
| DNS/DNF | 244 | Moss             | Sarah   | Unattached              | Female Senior           |
| DNS/DNF | 145 | Mowson           | Clare   | Unattached              | Female Vet 35           |
| DNS/DNF | 6   | Norris           | Phil    | St Edmund Pacers        | Male Senior             |
| DNS/DNF | 25  | Page             | Graham  | St Edmund Pacers        | Male Vet 45             |
| DNS/DNF | 86  | Pearce           | Karen   | Unattached              | Female Senior           |
| DNS/DNF | 107 | Ratchford        | David   | Brandon Fern Hoppers    | Male Vet 40             |
| DNS/DNF | 13  | Redmonds         | David   | Unattached              | Male Vet 45             |
| DNS/DNF | 141 | Rooke            | Ken     | Framlingham Flyers      | Male Vet 55             |
| DNS/DNF | 258 | Rooke            | Chris   | Unattached              | Unable to place in Cat. |
| DNS/DNF | 9   | Rudge            | Andy    | Felixstowe Road Runners | Male Vet 45             |
| DNS/DNF | 4   | Sidgewick        | Eleanor | Unattached              | Female Senior           |
| DNS/DNF | 55  | Skibsted         | Heather | Unattached              | Female Vet 45           |
| DNS/DNF | 261 | Spinks           | Roger   | Ipswich Jaffa           | Male Vet 60+            |
| DNS/DNF | 151 | Squirrel         | John    | Stowmarket Striders     | Male Vet 50             |
| DNS/DNF | 274 | Sutton           | Philip  | Brandon Fern Hoppers    | Male Vet 45             |
| DNS/DNF | 79  | tarpley          | Robert  | Unattached              | Male Vet 50             |
| DNS/DNF | 80  | tarpley          | James   | Unattached              | Male Senior             |
| DNS/DNF | 81  | Tarpley          | Ben     | Unattached              | Male Senior             |
| DNS/DNF | 60  | Theobald         | Paul    | St Edmund Pacers        | Female Senior           |
| DNS/DNF | 190 | Thurlow          | Peter   | Ipswich Jaffa           | Male Vet 50             |
| DNS/DNF | 191 | Thurlow          | Julie   | Ipswich Jaffa           | Female Vet 45           |
| DNS/DNF | 33  | tottle           | Barbara | Ipswich Triathlon Club  | Female Vet 50+          |
| DNS/DNF | 34  | Vincent          | Richard | West Norfolk AC         | Male Vet 50             |
| DNS/DNF | 22  | Wall             | Lousie  | Unattached              | Female Senior           |
| DNS/DNF | 23  | Ward             | Deborah | Unattached              | Female Vet 35           |
| DNS/DNF | 104 | Welburn          | Pamela  | Stowmarket Striders     | Female Senior           |
| DNS/DNF | 100 | Weston           | Richard | Ipswich Jaffa           | Male Senior             |
| DNS/DNF | 116 | Witcomb          | Philip  | Unattached              | Male Senior             |