

[HOME](#) [BACK](#)

Bury Friday Five 6th June 2003

Results Compiled by Raceres Results

raceres@lineone.net<http://website.lineone.net/~raceres>

01787 376617

Pos	Time	No.	Surname	First Name	Club Name	Category
1	00:26:16	389	Miller	David	Woodbridge Shufflers	Male Senior
2	00:26:26	47	Barker	Peter	St Edmund Pacers	Male Senior
3	00:26:48	177	Drane	Neil	Felixstowe Road Runners	Male Senior
4	00:27:15	403	Knott	Graeme	Harwich Runners	Male Senior
5	00:27:48	111	Coll	Robin	Newmarket Joggers	Male Vet 40
6	00:27:52	313	Diston	Sam	West Suffolk AC	Male Junior
7	00:27:54	276	Golding	Peter	St Edmund Pacers	Male Vet 45
8	00:27:55	42	Muir	Malcolm	Ilford AC	Male Senior
9	00:27:56	244	Blacoe	Mathew	Colchester Harriers	Male Senior
10	00:27:59	19	Laing	David	Ipswich Jaffa	Male Senior
11	00:28:02	311	Shaw	Jamie	West Suffolk AC	Male Junior
12	00:28:09	96	Wold	Richard	Felixstowe Road Runners	Male Vet 40
13	00:28:13	452	Cardy	Paul	Portsmouth University	Male Senior
14	00:28:18	270	Cassidy	Mike	Unattached	Male Vet 45
15	00:28:27	51	Nelhams	Micheal	St Edmund Pacers	Male Senior
16	00:28:40	110	Salter	David	St Edmund Pacers	Male Vet 40
17	00:28:50	254	Taylor	Andrew	St Edmund Pacers	Male Senior
18	00:29:03	444	Starmer	Chris	Stowmarket Striders	Male Vet 40
19	00:29:06	271	Hart	Stephen	Woodbridge Shufflers	Male Senior
20	00:29:08	92	Tomlinson	Geoffrey	Gt Bentley RC	Male Vet 40
21	00:29:11	208	Hill	Raymond	Ipswich Jaffa	Male Vet 50
22	00:29:12	75	Cooke	Chris	St Edmund Pacers	Male Vet 40
23	00:29:24	193	Clarke	Martin	Ilford AC	Male Vet 50
24	00:29:26	300	Back	Terry	Ipswich Jaffa	Male Vet 45
25	00:29:33	286	Cunningham	Mark	St Edmund Pacers	Male Senior
26	00:29:37	211	Mallett	Simon	Waveney Valley AC	Male Junior
27	00:29:42	431	Clarke	Mark	Colchester & Tendring AC	Male Vet 40
28	00:29:45	299	Thomas	Glynn	Unattached	Male Senior
29	00:29:46	319	Bailey	Cliffe	Thetford AC	Male Vet 40
30	00:29:50	146	Dawson	Alan	St Edmund Pacers	Male Vet 45
31	00:29:58	195	Arnold	Colin	St Edmund Pacers	Male Vet 45
32	00:30:04	46	Houghton	Andrew	Unattached	Male Vet 45
33	00:30:08	209	Hicks	Stephen	Ipswich Harriers	Male Vet 40

34	00:30:12	355	Ridley	Colin	West Suffolk AC	Male Vet 40
35	00:30:21	218	Quantrill	Philip	Ipswich Jaffa	Male Senior
36	00:30:27	35	Waterson	Kirsty	St Edmund Pacers	Female Senior
37	00:30:29	61	Copland	David	Ipswich Triathlon Club	Male Senior
38	00:30:31	155	Fox	Tim	St Edmund Pacers	Male Senior
39	00:30:38	198	Bowles	Kevin	Gt Bentley RC	Male Vet 40
40	00:30:57	426	Templet	Ret	Unattached	Male Senior
41	00:31:03	85	Preston	Paul	Ipswich Jaffa	Male Senior
42	00:31:06	167	Reynard	Mark	Luton University AC	Male Senior
43	00:31:07	357	Cooper	Ian	Thetford AC	Male Vet 40
44	00:31:13	17	Flood	Chris	Cambridge & Coleridge	Male Senior
45	00:31:24	289	Jones	Michael	Stowmarket Striders	Male Senior
46	00:31:28	115	Waterson	John	Unattached	Male Senior

47	00:31:31	119	Pearson	Martin	Unattached	Male Senior
48	00:31:35	302	Morgan	Bill	Thetford AC	Male Vet 50
49	00:31:41	294	Bower	Philip	Thetford AC	Male Vet 40
50	00:31:46	243	Farthing	Lee	Felixstowe Road Runners	Male Junior
51	00:31:48	323	Benson	Steve	Ipswich Harriers	Unable to place in Cat.
52	00:31:50	120	Hunt	Steve	Hadleigh Hares AC	Male Vet 40
53	00:31:53	407	Kenyon	Steve	Waveney Valley AC	Male Senior
54	00:31:59	373	Mulcahy	Terry	Bungay Black Dog RC	Male Vet 55
55	00:32:04	129	Benjamin	Ronald	Felixstowe Road Runners	Male Vet 45
56	00:32:08	351	Harper	Kevin	Witham RC	Male Senior
57	00:32:09	15	Chenery	Robert	Ipswich Jaffa	Male Junior
58	00:32:12	348	Pryke	Simon	Unattached	Male Senior
59	00:32:15	277	Bourne	Simon	Ipswich Triathlon Club	Male Senior
60	00:32:16	367	Clarke	Neville	Newmarket Joggers	Male Vet 45
61	00:32:18	98	Roberts	Ray	Felixstowe Road Runners	Male Vet 55
62	00:32:23	132	Stradling	Sarah	Colchester & Tendring AC	Female Senior
63	00:32:30	139	Orr	John	Framlingham Flyers	Male Vet 45
64	00:32:33	239	Madden	Jerry	Unattached	Male Vet 55
65	00:32:36	50	Parnell	Robert	Unattached	Male Senior
66	00:32:43	376	McCarthy	Michael	London Irish AC	Male Vet 40
67	00:32:45	87	Squirrel	John	Bildeston Bounders	Male Vet 50
68	00:32:47	68	Newland	William	St Edmund Pacers	Male Vet 45
69	00:32:49	142	Thomas	Darren	Grange Farm Trotters	Male Senior
70	00:32:53	214	Weston	Richard	Unattached	Male Junior
71	00:32:56	227	Baldrey	Charlotte	Woodbridge Shufflers	Female Senior
72	00:32:57	94	Levinson	Steve	Unattached	Male Vet 50
73	00:33:01	174	Jennings	Val	Ipswich Jaffa	Female Vet 35
74	00:33:04	411	Magee	Damien	Unattached	Male Senior
75	00:33:05	86	Betts	Gary	Ipswich Jaffa	Male Senior
76	00:33:05	395	Guays-Atkins	Paul	Unattached	Male Vet 45
77	00:33:06	16	Cherery	Duncan	Ipswich Jaffa	Male Vet 40
78	00:33:06	352	Tate	Stephen	Southend AC	Male Vet 45
79	00:33:07	161	Stowe	Bill	Unattached	Male Vet 50
80	00:33:09	130	Tanner	Lynn	Colchester & Tendring AC	Female Vet 50
81	00:33:11	215	Batty	Christopher	Felixstowe Road Runners	Male Senior
82	00:33:15	240	Partridge	Pat	St Edmund Pacers	Female Vet 50
83	00:33:16	242	Jordan	Tamera	Stowmarket Striders	Female Senior
84	00:33:22	144	Slack	Gordon	Stowmarket Striders	Male Vet 50
85	00:33:28	399	Tatum	Danielle	Colchester & Tendring AC	Female Junior
86	00:33:40	5	Everitt	Geof	Ipswich Jaffa	Male Vet 55
87	00:33:43	320	Buis	Martin	Ipswich Harriers	Male Vet 50

88	00:33:48	125	Foskew	Ian	Mid Essex Casuals	Male Vet 40
89	00:33:49	262	Debney	Bernard	Stowmarket Striders	Male Vet 55
90	00:33:52	63	Ross	Mark	Gt Bentley RC	Male Vet 40
91	00:33:53	196	Arnold	Adam	St Edmund Pacers	Male Junior
92	00:33:53	150	Smith	Gary	Unattached	Male Vet 45
93	00:33:58	151	Munns	Brian	Newmarket Joggers	Male Senior
94	00:34:00	314	Taylor	Darrell	Unattached	Male Senior
95	00:34:00	440	Pryke	Gail	Ipswich Jaffa	Female Vet 40
96	00:34:05	184	Thorpe	Emma	Newmarket Joggers	Female Vet 35
97	00:34:07	287	Gladwell	Chris	Stowmarket Striders	Male Vet 45
98	00:34:16	60	Clayton	Rob	Felixstowe Road Runners	Male Vet 45
99	00:34:19	93	Game	David	Mid Essex Casuals	Male Vet 50
100	00:34:20	366	Goddard	Philip	Unattached	Male Vet 45
101	00:34:25	162	Vaughan	Dave	St Edmund Pacers	Male Vet 45

102	00:34:26	153	Harvey	Glen	Bildeston Bounders	Male Vet 40
103	00:34:29	362	Collins	Kevin	Newmarket Joggers	Male Vet 50
104	00:34:31	420	Field	Pauline	St Edmund Pacers	Female Vet 40
105	00:34:35	264	Skrimshire	Chris	Woodbridge Shufflers	Male Vet 50
106	00:34:36	371	Gorbitt	Elizabeth	St Edmund Pacers	Female Senior
107	00:34:37	220	Naughton	Joe	Stowmarket Striders	Male Vet 40
108	00:34:39	253	Goodier	Alistair	Unattached	Male Senior
109	00:34:42	238	Macrosson	Goerge	Ipswich Jaffa	Male Vet 45
110	00:34:42	291	Peck	Glyn	Harwich Runners	Male Vet 60+
111	00:34:44	312	Cousins	Steve	Newmarket Joggers	Male Vet 45
112	00:34:45	181	Dolan	Dick	Woodbridge Shufflers	Male Vet 55
113	00:34:46	290	Mickleburgh	Ben	Ipswich Triathlon Club	Male Senior
114	00:34:47	400	Brooke	Mark	Unattached	Male Senior
115	00:34:57	183	Short	Colin	Witham RC	Male Vet 55
116	00:35:02	424	Titchiner	Justin	Unattached	Male Senior
117	00:35:05	280	Nurse	Roy	Unattached	Male Senior
118	00:35:09	40	Jackson	Alan	Ipswich Jaffa	Male Vet 40
119	00:35:13	173	Ryall	Mike	West Suffolk AC	Male Vet 50
120	00:35:14	392	Faust	Stuart	Unattached	Male Senior
121	00:35:16	66	Lankester	Mark	Ipswich Jaffa	Male Senior
122	00:35:18	49	Goodchild	Robert	Unattached	Male Senior
123	00:35:19	73	Miles	Terry	Unattached	Male Vet 55
124	00:35:27	36	Whitnall	Simon	Unattached	Male Vet 40
125	00:35:28	143	Funnell	Gordon	Hadleigh Hares AC	Male Vet 40
126	00:35:30	378	Fellingham	Richard	Stowmarket Striders	Male Vet 50
127	00:35:32	176	Ratcliffe	Bob	Stowmarket Striders	Male Vet 55
128	00:35:35	154	Capp	Matthew	Felixstowe Road Runners	Male Senior
129	00:35:38	232	Balaam	Richard	St Edmund Pacers	Male Vet 40
130	00:35:39	453	Mapstow	Ben	Unattached	Male Senior
131	00:35:42	326	Robinson	Stephen	Ipswich Triathlon Club	Male Vet 45
132	00:35:42	247	Docherty	John	Ipswich Jaffa	Male Vet 60+
133	00:35:43	235	Cashen	John	Unattached	Male Senior
134	00:35:45	7	Bastow	Edward	Unattached	Male Senior
135	00:35:46	295	Hird	Mark	Ipswich Triathlon Club	Male Vet 40
136	00:35:49	450	Holmes	Peter	Newmarket Joggers	Male Senior
137	00:35:52	339	Cadman	Samantha	Unattached	Female Senior
138	00:35:52	160	Smith	Chris	Ipswich Jaffa	Male Vet 45
139	00:35:53	377	Ridgeon	Chris	Unattached	Male Vet 50
140	00:35:56	413	Warren	Mark	Unattached	Male Vet 40
141	00:35:56	213	Weston	John	Unattached	Male Vet 45
142	00:35:57	84	Newcombe	Colin	Ipswich Jaffa	Male Senior
143	00:36:01	3	Finegan	Tim	Felixstowe Road Runners	Male Vet 40
144	00:36:07	166	Swan	Kim	St Edmund Pacers	Male Vet 45
145	00:36:09	382	Webber	Kevin	Harwich Runners	Male Senior

146	00:36:10	246	Nolloth	Garry	Unattached	Male Vet 40
147	00:36:11	197	Brooks	David	Thurrock Harriers	Male Vet 60+
148	00:36:11	118	Sears	Mick	Woodbridge Shufflers	Male Vet 45
149	00:36:14	257	Dennison	Tricia	St Edmund Pacers	Female Vet 40
150	00:36:14	172	Brown	Julie	Ipswich Jaffa	Female Vet 40
151	00:36:15	138	Wooden	Andrew	Felixstowe Road Runners	Male Vet 40
152	00:36:16	363	Manly	Veronica	Wymondham AC	Female Vet 50
153	00:36:20	170	Ryan	Martin	Unattached	Male Vet 40
154	00:36:22	331	Marshall	Jim	Unattached	Male Senior
155	00:36:24	55	Cordwell	Julian	Harwich Runners	Male Vet 50
156	00:36:30	102	Levett	Theresa	St Edmund Pacers	Female Senior

157	00:36:33	182	Baguley	Peter	Ipswich Jaffa	Male Vet 45
158	00:36:35	168	Mayhew	Kelly	Ipswich Harriers	Female Senior
159	00:36:43	327	Allum	Martin	St Edmund Pacers	Male Vet 50
160	00:36:45	53	Hatcher	Bert	Ipswich Jaffa	Male Vet 60+
161	00:36:50	273	Blyth	Richard	St Edmund Pacers	Male Senior
162	00:36:54	447	Smith	Michael	Unattached	Male Senior
163	00:36:57	361	Millett	Tony	Waveney Valley AC	Male Vet 45
164	00:36:58	32	Randall	Adrian	Unattached	Male Senior
165	00:36:59	1	Duffield	Roger	Tiptree Road Runners	Male Vet 60+
166	00:37:06	303	Edwards	Paul	Unattached	Male Senior
167	00:37:10	360	Millett	Anne	Waveney Valley AC	Female Vet 45
168	00:37:12	306	Edwards	Richard	St Edmund Pacers	Male Vet 50
169	00:37:14	212	Bennett	Nikki	Gt Bentley RC	Female Vet 35
170	00:37:19	412	Smith	Graham	St Edmund Pacers	Male Vet 45
171	00:37:20	416	Coley	David	Ipswich Jaffa	Male Vet 50
172	00:37:21	397	Knott	Rowland	Harwich Runners	Male Vet 50
173	00:37:22	346	Wicher	George	St Edmund Pacers	Male Vet 45
174	00:37:27	406	Algar	Simon	Unattached	Male Senior
175	00:37:35	275	Golding	Sarah	St Edmund Pacers	Female Vet 35
176	00:37:37	29	Page	Simon	Unattached	Male Vet 45
177	00:37:38	88	Bole	Simon	Ipswich Jaffa	Male Vet 45
178	00:37:42	259	Cox	Bill	Framlingham Flyers	Male Vet 60+
179	00:37:44	334	Lockwood	Tom	Unattached	Male Senior
180	00:37:47	266	Sparkes	Gail	Stowmarket Striders	Female Vet 40
181	00:37:58	329	Spinks	Roger	Ipswich Jaffa	Male Vet 60+
182	00:37:59	301	Evens	Alistair	Unattached	Male Vet 40
183	00:38:02	207	Sewell	Carina	Woodbridge Shufflers	Female Vet 40
184	00:38:03	282	Ellam	Kelvin	Unattached	Male Senior
185	00:38:05	330	Cook	Christopher	Unattached	Male Vet 50
186	00:38:08	293	Hempstead	Barry	Eastern Veterans	Male Vet 60+
187	00:38:09	274	Marsden	Philip	Unattached	Male Vet 40
188	00:38:10	441	Jousiffe	David	Unattached	Male Senior
189	00:38:11	394	Ayers	Neil	Unattached	Male Senior
190	00:38:11	265	grimsey	Fred	Unattached	Male Vet 50
191	00:38:12	192	Freeman	Ian	St Edmund Pacers	Male Vet 50
192	00:38:14	178	Suttle	Haley	Newmarket Joggers	Female Vet 35
193	00:38:15	165	Salisbury	Stewart	Unattached	Male Vet 45
194	00:38:20	283	Greener	John	Unattached	Male Senior
195	00:38:20	121	Sanders	Barbara	Hadleigh Hares AC	Female Vet 45
196	00:38:24	430	Foulger	Adrian	Unattached	Male Vet 40
197	00:38:25	358	Kerr	John	Mid Essex Casuals	Male Vet 40
198	00:38:25	127	Garrod	Susan	Stowmarket Striders	Female Vet 35
199	00:38:25	97	Dyson	Ashton	Unattached	Male Senior
200	00:38:27	133	Peck	Rebecca	Framlingham Flyers	Female Senior

201	00:38:29	381	Gardiner	Victoria	Gt Yarmouth RRC	Female Senior
202	00:38:30	113	Leedham	Ian	Stowmarket Striders	Male Vet 40
203	00:38:30	124	Bullock	Kevin	Unattached	Male Vet 45
204	00:38:32	428	White	Paul	Unattached	Male Senior
205	00:38:35	321	Alarcon	Jorge	Unattached	Male Senior
206	00:38:36	225	Cable	Andrew	Gt Bentley RC	Male Vet 40
207	00:38:39	233	Farrow	Helen	St Edmund Pacers	Female Vet 35
208	00:38:40	18	Flood	Rebecca	Unattached	Female Senior
209	00:38:41	200	Martin	David	Unattached	Male Vet 45
210	00:38:46	396	Cunnington	Ian	Unattached	Male Senior
211	00:38:48	284	Lewis	Colin	Unattached	Male Senior

212	00:38:53	156	Strivens	Sarah	Ipswich Jaffa	Female Vet 45
213	00:38:53	122	Smith	Thomas	Newmarket Joggers	Male Vet 60+
214	00:38:54	78	Pasmore	Antony	Unattached	Male Senior
215	00:38:57	109	Bonham	Nigel	Newmarket Joggers	Male Vet 60+
216	00:38:59	347	Cooke	Julie	Bildeston Bounders	Female Vet 40
217	00:38:59	67	Alford	Kiri	Braintree AC	Female Junior
218	00:39:03	8	Bastow	Helen	Unattached	Female Vet 35
219	00:39:03	341	Norris	Louise	St Edmund Pacers	Female Senior
220	00:39:06	4	Robertson	Paul	Unattached	Male Senior
221	00:39:09	185	Songhurst	Dave	Felixstowe Road Runners	Male Vet 55
223	00:39:12	437	Jones	Wyn	Felixstowe Road Runners	Male Vet 45
224	00:39:17	410	Power	Michael	Unattached	Male Vet 45
225	00:39:18	106	Eales	Frank	St Edmund Pacers	Male Vet 55
226	00:39:20	33	Dean	Gill	Ipswich Jaffa	Female Vet 45
227	00:39:21	27	Crack	Trevor	Unattached	Male Vet 50
228	00:39:22	324	Thornton	David	Unattached	Male Vet 45
229	00:39:29	309	Macay	John	Colchester & Tendring AC	Male Senior
230	00:39:30	438	McGilligan	Paul	Unattached	Male Vet 40
231	00:39:32	398	Knott	Elsbeth	Harwich Runners	Female Vet 50
232	00:39:34	353	Warboys	Pip	Mid Essex Casuals	Male Vet 50
233	00:39:37	356	Cooper	Sandra	Brandon Fern Hoppers	Unable to place in Cat.
234	00:39:41	137	Clarke	Andrew	Unattached	Male Senior
235	00:39:46	344	Talbot	John	Unattached	Male Senior
236	00:39:51	372	Nicol	Vic	Unattached	Male Vet 55
237	00:39:52	325	Clarke	Vaughan	Unattached	Male Senior
238	00:39:57	364	Bright	Stephen	British Athletics AC	Male Vet 40
239	00:39:57	12	McKillop	Jackie	Cambridge University Press RC	Female Senior
240	00:39:58	147	Bendall	Simon	Unattached	Male Senior
241	00:39:58	417	Kins	Les	Stowmarket Striders	Male Vet 45
242	00:39:58	404	Power	Nzck	Unattached	Male Senior
243	00:39:58	10	Brooks	Paul	Ipswich Jaffa	Male Senior
244	00:39:58	338	Chappleman	Paul	Unattached	Male Senior
245	00:39:58	64	Wright	Maureen	Ipswich Jaffa	Female Vet 55+
246	00:40:12	390	Phillip	Andrew	Unattached	Female Senior
247	00:40:12	316	Peck	David	Newmarket Joggers	Male Vet 60+
248	00:40:14	446	Jordan	Alax	Unattached	Male Vet 45
249	00:40:15	20	Southwould	Richard	Unattached	Male Senior
250	00:40:15	205	Goodwin	Karen	Stowmarket Striders	Female Senior
251	00:40:17	333	Taylor	Howard	Unattached	Male Vet 45
252	00:40:20	237	Bennett	Kevin	Unattached	Male Senior
253	00:40:21	307	Driver	James	Unattached	Unable to place in Cat.

254	00:40:21	349	Stevenson	Ray	Unattached	Male Senior
255	00:40:21	451	Plumb	Tony	Ipswich Jaffa	Male Vet 60+
256	00:40:26	359	Batt	Michael	St Edmund Pacers	Male Vet 50
257	00:40:26	25	George	John	Unattached	Male Vet 45
258	00:40:27	429	Johnson	Derek	Unattached	Male Senior
259	00:40:29	202	Conning	Margeretha	Unattached	Female Senior
260	00:40:31	223	Fish	Grayhame	Stowmarket Striders	Male Vet 50
261	00:40:33	71	Snazell	Robbie	St Edmund Pacers	Male Vet 50
262	00:40:36	136	Rittimut-Mak	Melissa	Unattached	Female Senior
263	00:40:38	224	Fish	Anne	Stowmarket Striders	Female Vet 50
264	00:40:44	342	Norris	Phil	St Edmund Pacers	Male Senior
265	00:40:47	383	Spink	Peter	Unattached	Male Vet 40
266	00:40:49	57	Hawkswell	Steven	Ipswich Jaffa	Male Vet 40
267	00:40:56	140	Girling	Johnathan	Framlingham Flyers	Male Vet 45

268	00:40:58	375	Ridgeon	Pamela	Unattached	Female Vet 50
269	00:40:58	103	Gooch	Paul	Unattached	Female Senior
270	00:40:58	37	Foster	Lyn	Sedgley Park RR	Female Vet 45
271	00:40:58	13	Maddison	Lynn	Ipswich Jaffa	Female Senior
272	00:40:59	288	Palmer	Frances	St Edmund Pacers	Female Vet 35
273	00:41:03	169	Fovargue	Ian	Unattached	Male Vet 40
274	00:41:03	34	Fellingham	Anne	Stowmarket Striders	Female Vet 50
275	00:41:06	385	Lord	Darren	Unattached	Male Senior
276	00:41:08	374	Bowles	James	Unattached	Male Senior
277	00:41:14	38	foster	Paul	Defra A C	Male Vet 45
278	00:41:15	436	Jousiffe	Barbara	Ipswich Jaffa	Female Vet 45
279	00:41:26	216	Phillips	Lorraine	Stowmarket Striders	Female Senior
280	00:41:27	384	Hyatt	Jim	Unattached	Male Senior
281	00:41:30	203	Cartwright	Stephen	Gt Bentley RC	Male Vet 45
282	00:41:33	80	Stannett	Charlie	Ipswich Triathlon Club	Male Vet 45
283	00:41:36	328	Robinson	Michelle	Gt Bentley RC	Female Vet 40
284	00:41:47	304	Hammond	Karle	Unattached	Male Senior
285	00:41:51	171	Page	Karen	St Edmund Pacers	Female Senior
286	00:41:55	204	Haselwood	Julie	Ipswich Jaffa	Female Vet 50
287	00:41:57	236	Dunne	Eric	Gt Bentley RC	Male Vet 60+
288	00:42:11	278	Hollands	Caroline	St Edmund Pacers	Female Senior
289	00:42:11	241	Royer	John	Unattached	Male Vet 45
290	00:42:15	318	Mandich	Guyan	Unattached	Male Senior
291	00:42:16	245	Canham	Goldie	Ipswich Jaffa	Female Senior
292	00:42:24	435	Black	John	Unattached	Male Vet 40
293	00:42:27	292	Johnston	Miles	Cumberton Joggers	Male Vet 45
294	00:42:29	439	Jenkins	Paul	Unattached	Male Vet 55
295	00:42:31	54	Cordwell	Carol	Harwich Runners	Female Vet 40
296	00:42:31	70	Snazell	Helen	St Edmund Pacers	Female Vet 45
297	00:42:31	231	Potter	Judy	Bungay Black Dog RC	Female Vet 55+
298	00:42:31	11	Skelton	Timothy	Unattached	Male Vet 45
299	00:42:34	252	Lincoln	Vanessa	Unattached	Female Senior
300	00:42:35	91	Darnell	Bob	Unattached	Male Vet 50
301	00:42:40	387	Merwe	Ronel Van Der	Stowmarket Striders	Female Vet 40
302	00:42:40	175	Butcher	Daryl	Harwich Runners	Male Vet 45
303	00:42:49	449	Maw	Fiona	Unattached	Female Vet 40
304	00:42:54	391	Warwick	Robert	Unattached	Male Senior
305	00:42:55	285	Wright	Alison	Unattached	Female Senior
306	00:42:56	222	Allum	Jeff	Ipswich Jaffa	Male Senior
307	00:42:59	255	Wagner	Martin	Unattached	Male Vet 45
308	00:43:00	116	Hammond	Alison	Unattached	Female Vet 35
309	00:43:05	219	Fellingham-Boyce	Jane	Stowmarket Striders	Female Vet 35
310	00:43:10	81	Stannett	Kate	Ipswich Triathlon Club	Female Vet 40

311	00:43:15	336	Bride	Ute	Unattached	Male Senior
312	00:43:15	335	Molyagus	Grant	Unattached	Male Senior
313	00:43:21	350	Hayward	Guy	Unattached	Male Senior
314	00:43:28	340	Lowden	Gerald	Unattached	Male Vet 60+
315	00:43:29	365	Holland	Jane	Unattached	Female Vet 40
316	00:43:33	332	Garrett	Donna	Unattached	Female Senior
317	00:43:36	45	Mulley	Mike	Unattached	Male Vet 45
318	00:43:42	296	Larking	Paul	Stowmarket Striders	Male Vet 45
319	00:43:42	187	Moss	Natalie	Unattached	Female Senior
320	00:43:42	221	Naughton	Denise	Stowmarket Striders	Female Vet 35
321	00:43:44	422	Williams	Helen	Unattached	Female Vet 45
322	00:43:50	379	Calver	Oliver	Unattached	Male Senior

323	00:43:51	199	Horner	Jeff	Unattached	Male Senior
324	00:43:52	226	Cable	Sally	Gt Bentley RC	Female Vet 40
325	00:43:56	95	Moore	Philip	Unattached	Male Senior
326	00:43:58	186	Brown	Charlotte	Unattached	Female Senior
327	00:44:01	22	Evans	Amanda	Unattached	Female Senior
328	00:44:02	354	Jarvis	Debbie	Unattached	Female Vet 35
329	00:44:04	229	Stott	David	Unattached	Male Vet 55
330	00:44:07	210	Mallett	Amanda	Unattached	Female Vet 35
331	00:44:11	62	Rosenberg	Susannah	Ipswich Triathlon Club	Female Vet 40
332	00:44:13	267	Thurlow	Julie	Ipswich Jaffa	Female Vet 45
333	00:44:15	263	Allen	Sandra	Ipswich Jaffa	Female Vet 45
334	00:44:16	190	Tottle	Barbara	Ipswich Triathlon Club	Female Vet 50
335	00:44:25	281	Flack	Susie	Unattached	Female Senior
336	00:44:32	345	Morley	Sanuel	Unattached	Male Senior
337	00:44:32	343	Holder	Rachel	Unattached	Female Senior
338	00:44:34	405	Kitching	Simon	Unattached	Male Senior
339	00:44:44	76	Kelly	Jack	Unattached	Male Vet 60+
340	00:44:52	369	Last	Ian	Unattached	Male Senior
341	00:44:54	421	Griffiths	Stephen	Unattached	Male Vet 40
342	00:44:56	425	Power	Nick	Unattached	Male Senior
343	00:44:56	30	Spetch	Jane	Unattached	Female Vet 35
344	00:44:59	386	Marsh	Ben	Unattached	Male Senior
345	00:45:07	217	Brinkley	Elaine	Felixstowe Road Runners	Female Vet 40
346	00:45:10	112	Rolph	Trevor	Brandon Fern Hoppers	Male Vet 45
347	00:45:14	409	Aylward	Mark	Unattached	Male Senior
348	00:45:16	442	Emmeson	Carl	Unattached	Male Senior
349	00:45:21	419	Cope	Robert	Unattached	Male Senior
350	00:45:28	251	Rand	Chris	Unattached	Male Vet 40
351	00:45:29	2	Thurston	Rosemary	Stowmarket Striders	Female Vet 50
352	00:45:35	434	Gregory	Mal	Unattached	Male Vet 40
353	00:45:40	427	Wyartt	Rachael	Unattached	Female Senior
354	00:45:43	454	Lynchaird	Joanne	Stowmarket Striders	Female Vet 45
355	00:45:43	370	Elsden	Philip	Unattached	Male Senior
356	00:45:44	108	Dann	Rob	Unattached	Male Vet 50
357	00:45:44	234	Ratcliffe	Jane	St Edmund Pacers	Female Vet 45
358	00:45:45	201	Hood	Carole	Ipswich Jaffa	Female Senior
359	00:45:47	272	Wake	Mervyn	Ipswich Triathlon Club	Male Vet 55
360	00:45:50	443	Starmer	Jan	Stowmarket Striders	Female Vet 40
361	00:45:51	28	Waldron	James	Unattached	Male Senior
362	00:45:54	433	Moran	Mandy	Unattached	Female Vet 35
363	00:45:54	164	Lee	Tracey	Stowmarket Striders	Female Senior
364	00:46:04	448	Kirk	Marianne	Ipswich Jaffa	Female Vet 50
365	00:46:07	100	Short	Erica	St Edmund Pacers	Female Vet 55+
366	00:46:08	114	Hargadon	Sue	Ipswich Triathlon Club	Female Vet 45

367	00:46:10	72	Reynolds	Maria	Stowmarket Striders	Female Vet 45
368	00:46:13	24	Smith	Graham	Unattached	Male Senior
369	00:46:15	44	Mulley	Lynda	Unattached	Female Vet 40
370	00:46:27	308	Riedel	David	Unattached	Male Vet 45
371	00:46:24	56	Murray	Tracey	Unattached	Female Senior
372	00:46:25	128	Benjamin	Gillian	Felixstowe Road Runners	Female Vet 40
373	00:46:26	117	Riley	John	Unattached	Male Vet 50
374	00:46:32	65	Boyce	Donna	Haverhill RC	Female Vet 35
375	00:46:42	158	Burrows	Janet	Unattached	Female Vet 50
376	00:46:48	43	Page	Graham	Unattached	Male Vet 45
377	00:46:49	415	Harris	Mark	Unattached	Male Vet 40

378	00:46:49	414	Murray	Michael	Unattached	Male Vet 40
379	00:46:59	21	Seggar	Sue	Stowmarket Striders	Female Vet 50
380	00:47:16	368	Wilson	Phylly	Road Runners Club	Female Vet 55+
381	00:47:18	141	Wilkinson	Paul	Unattached	Male Vet 40
382	00:47:22	69	Marrisey	Louise	Unattached	Female Senior
383	00:47:25	194	Ferber	Peter	Unattached	Male Vet 40
384	00:47:44	337	Bourne	Daniella	Unattached	Female Senior
385	00:48:16	317	Mandich	Maria	Unattached	Female Vet 35
386	00:48:20	77	Kelly	Jan	Unattached	Female Vet 45
387	00:48:33	6	Poynter	Stephen	Unattached	Male Vet 55
388	00:48:33	39	Bunney	Maria	Unattached	Female Vet 35
389	00:48:39	9	Bunney	Christopher	Eastern Veterans	Male Vet 40
390	00:48:54	48	Woolnough	Samantha	Unattached	Female Senior
391	00:48:56	250	Chapman	Ann	Unattached	Female Vet 45
392	00:48:59	408	Ashley	Alice	Ipswich Jaffa	Female Senior
393	00:48:59	260	Page	Rita	Gt Bentley RC	Female Vet 45
394	00:49:14	423	Jennings	Lisa	Newmarket Joggers	Female Senior
395	00:49:23	305	Hammond	Julie	Unattached	Female Senior
396	00:49:25	310	Copland	Maxine	Newmarket Joggers	Female Vet 40
397	00:49:59	401	White	Trisha	Unattached	Female Vet 45
398	00:50:34	315	Heath	Alison	Unattached	Female Senior
399	00:50:42	418	Rolfe	Darren	Unattached	Male Senior
400	00:51:09	393	Blofield	Janice	Unattached	Male Senior
401	00:51:11	297	Hastings	Sam	Unattached	Female Senior
402	00:51:11	298	Ridgeon	Gaven	Unattached	Male Senior
403	00:51:36	31	Randall	Bex	Unattached	Female Vet 35
404	00:51:38	148	Copsey	Tracy	Unattached	Female Vet 35
405	00:51:38	179	New	Wendi	Unattached	Female Senior
406	00:52:20	104	Scoulding	Janett	Unattached	Female Senior
407	00:53:05	388	Frary	Vanessa	Unattached	Female Vet 45
408	00:53:35	145	Scott-Laws	Sylvia	Felixstowe Road Runners	Female Vet 55+
409	00:53:57	101	Short	Amy	St Edmund Pacers	Female Senior
410	00:57:54	402	White	Trevor	Unattached	Male Vet 50
411	00:58:23	189	Fisher	Sharon	St Edmund Pacers	Female Vet 50
412	01:03:27	432	Nicholson-Thomas	Georgia	Unattached	Female Junior
413	01:05:14	269	Gaskell	Joanna	Unattached	Female Senior
414	01:05:40	261	Nugent	David	Gt Bentley RC	Male Vet 50
	dns/dnf	14	Cross	Teresa	Unattached	Female Vet 35
	dns/dnf	23	Smith	June	Unattached	Female Senior
	dns/dnf	26	George	Sue	Unattached	Female Vet 40
	dns/dnf	41	Jordanova	Alix	Colchester Harriers	Female Senior
	dns/dnf	58	Dunn	David	Unattached	Male Senior
	dns/dnf	59	Kirk	Clive	Ipswich Jaffa	Male Vet 50
	dns/dnf	74	Miles	Steven	Unattached	Male Senior

dns/dnf	79	Green	Tina	Unattached	Female Vet 35
dns/dnf	82	MacSephney	Scott	Ipswich Jaffa	Male Senior
dns/dnf	83	Arnold	Russell	Newmarket Joggers	Male Vet 55
dns/dnf	89	Beckett	Janice	Unattached	Female Senior
dns/dnf	90	Beckett	Jason	Unattached	Male Senior
dns/dnf	99	Wilding	Jonathan	Felixstowe Road Runners	Male Senior
dns/dnf	105	Fellman	David	Ipswich Jaffa	Male Vet 45
dns/dnf	107	Dann	Claire	Unattached	Female Senior
dns/dnf	123	Marston	Carl	St Edmund Pacers	Male Senior
dns/dnf	126	Huggins	Nick	Unattached	Male Vet 50
dns/dnf	131	Deasy	Margaret	Colchester & Tendring AC	Female Vet 35

dns/dnf	134	Moore	Gemma	Unattached	Female Senior
dns/dnf	135	Lester	Vicky	Unattached	Female Senior
dns/dnf	149	Robson	James	Unattached	Male Vet 45
dns/dnf	152	Jackson	Sam	Stowmarket Striders	Male Senior
dns/dnf	157	Harbord	Chris	Gt Yarmouth RRC	Male Vet 55
dns/dnf	159	Meldrum	Judy	Ipswich Jaffa	Female Vet 55+
dns/dnf	163	Palmer	Andrew	Unattached	Male Senior
dns/dnf	180	Brewster	Fiona	Framlingham Flyers	Female Senior
dns/dnf	191	Harlott	Robina	Unattached	Female Vet 35
dns/dnf	206	Dadge	Nigel	Felixstowe Road Runners	Male Senior
dns/dnf	228	O'Brian	Jo	Woodbridge Shufflers	Female Vet 40
dns/dnf	230	Potter	David	Bungay Black Dog RC	Male Vet 60+
dns/dnf	248	Oliver	Anne	Felixstowe Road Runners	Female Vet 45
dns/dnf	249	Lace	Jenni	Gt Bentley RC	Female Senior
dns/dnf	256	Donnelly	Fran	Unattached	Female Senior
dns/dnf	258	Cox	Jean	Woodbridge Shufflers	Female Vet 55+
dns/dnf	268	Huffey	Kenneth	Unattached	Male Vet 55
dns/dnf	322	Johnson	Mick	Thetford AC	Male Vet 50
dns/dnf	380	Collins	George	Unattached	Unable to place in Cat.
dns/dnf	445	Jordan	Debbie	Unattached	Female Senior