



# WEST SUFFOLK ATHLETICS CLUB

## Charity open meeting 2007

All proceeds to East Anglian Air Ambulance

Sunday 23<sup>rd</sup> September 2007

Held under UKA Rules



Surname: \_\_\_\_\_

Forename: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Age group: \_\_\_\_\_

Male  Female

Address: \_\_\_\_\_



Postcode: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Club (if applicable): \_\_\_\_\_

**CLOSING DATE FOR ENTRIES: FRIDAY 7<sup>TH</sup> SEPTEMBER 2007**

ENTRY COSTS: £4 FOR ONE EVENT, £7 FOR TWO EVENTS, £9 FOR THREE EVENTS AND £2 PER SUBSEQUENT EVENT FOR U20 AND SENIORS.

Cheques made payable to: West Suffolk A.C. Please send entry which **MUST** include a SAE (A5) with the entry to receive confirmation and event timetable to: Tania Spurling, 2 Hertford Close, Bury St Edmunds, Suffolk, IP32 6LY. Any questions please contact us at [wsac2007@yahoo.co.uk](mailto:wsac2007@yahoo.co.uk)

**U11's, U13's, U15's, U17's can do a maximum of 3 events. (Please remember Under 13's and Under 15's can participate in either the 800m or 1500m but not both)**

**U20's can do a maximum of 5 Events, seniors are unlimited in events entered.**

| Events:                             | Please tick event/s to enter: |  |                          |   |                          |
|-------------------------------------|-------------------------------|--|--------------------------|---|--------------------------|
| 70m Hurdles (U13G)                  | <input type="checkbox"/>      | Long Jump (All age groups inc. U11s)                 | <input type="checkbox"/> | 80m (U11s)                                      | <input type="checkbox"/> |
| 75m Hurdles (U15G, U13B)            | <input type="checkbox"/>      | Triple Jump (U15B, U17M, U20M SM, U17W, U20W and SW) | <input type="checkbox"/> | 100m (U13, U15, U17, U20 and Senior)            | <input type="checkbox"/> |
| 80m Hurdles (U17W, U15B)            | <input type="checkbox"/>      | High Jump (U13, U15, U17, U20 and Senior)            | <input type="checkbox"/> | 200m (U13, U15, U17, U20 and Senior)            | <input type="checkbox"/> |
| 100m Hurdles (U17W, U20W, SW, U17M) | <input type="checkbox"/>      | Shot Putt (U13, U15, U17, U20 and Senior)            | <input type="checkbox"/> | 300m (U17W)                                     | <input type="checkbox"/> |
| 110m Hurdles (U20M and SM)          | <input type="checkbox"/>      | Javelin (U13, U15, U17, U20 and Senior)              | <input type="checkbox"/> | 400m (U15B, and U17, U20, Senior Men and Women) | <input type="checkbox"/> |
|                                     | <input type="checkbox"/>      | Discus (U13, U15, U17, U20 and Senior)               | <input type="checkbox"/> | 600m (U11's)                                    | <input type="checkbox"/> |
|                                     | <input type="checkbox"/>      | Turbo Javelin (U11's)                                | <input type="checkbox"/> | 800m (U13, U15, U17, U20 and Senior)            | <input type="checkbox"/> |
| Entry fee enclosed: £ _____         |                               |  |                          | 1500m (U13, U15, U17, U20 and Senior)           | <input type="checkbox"/> |
|                                     |                               |  |                          | 3000m (U17, U20, and Senior)                    | <input type="checkbox"/> |

I am an amateur as defined by UKA and agree to abide by their rules. I understand that the organisers will not be liable for injury, loss, or damage to myself or property resulting from this event.

Signed: \_\_\_\_\_ (Parent/guardian if under 18) Date: \_\_\_\_\_

**Thank you to our event sponsors:**



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