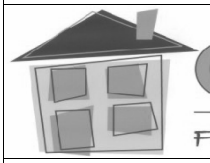
Saint Edmund Pacers

Present

Glasswells Bury Friday 5

Supported by



Friday 6th June 2008 7.30pm Nowton Park, Bury St Edmunds

Permit No. 10514	**A Friday Five Series Race**	**Under UK:A Rules**
	5 Miles Mixed Terrain	
	T-Shirt to all finishers	
	Closing date for entries : Friday 30th May 2008	

Entry Fees: Attached- £6.00 Unattached - £8.00 On the Night - plus £1.00

Minimum Age 15 years. Note Race Maximum is 500 entries; if this number is reached prior to race night then a note will be published on our web site.

Awards in all categories - Junior, Senior, Veteran & Teams

Junior Fun Run 7.00pm, Enter on the night, £2.00 – Note Race Maximum is 150 entries.

No changing rooms	Beer Tent & Refreshments

Send Entries to : Race Secretary, 10 Ion Road, Bury St Edmunds. IP32 6RZ

For further info visit: http://www.pacers.org.uk or e-mail: bury5@pacers.org.uk

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Surname																							
Forename															Gender				M		F		
Address																							
Town																							
County													Postcode										
Telephone												T Shirt		S		M		L		X		
E Mail Address																							
Date of Birth			-			-					----------		Age on Race Day										
Affiliated club																							
Competition Licence No																							
Sweat Shop - We will pass your address details on to the Sweat Shop for them to provide you with further information on Running unless you wish to opt out. Please tick yes or no to receive further marketing literature.																			Y		N		

I declare that I am medically fit to take part in this event and I understand that enter at my own risk and that the sponsors, organisers or their servants shall not be held responsible for any injury, loss damage or action claim (howsoever occasioned) as a consequence of my participation in the event. If I have a medical condition, which may be affected by my taking part in this event, I will record it on the reverse of my race number. Also marking the front of the number with a red cross in the top right hand corner. I understand that the information is confidential and will only be used to ensure I receive correct treatment from the medics should it be needed. A signed entry form is considered acceptance of these conditions.

Signature _____ Date _____ / _____ / _____

Cheques Payable to : Saint Edmund Pacers. Please enclose a Stamped Addressed Envelope (minimum 9 x 6in.)for Race number & information sheet.

NO ENVELOPE - NO ENTRY