

**ST EDMUND PACERS CLUB STANDARDS
JUNIOR GIRLS**

UNDER 13	DIAMOND	GOLD	SILVER	BRONZE
400 metres	01:18	01:27	01:31	01:40
800 metres	02:45	03:03	03:12	03:31
1500 metres	05:35	06:12	06:30	07:08
1 Mile (1609 metres)	06:03	06:43	07:03	07:43
2 Miles (3218 metres)	13:03	14:30	15:15	16:45

UNDER 15	DIAMOND	GOLD	SILVER	BRONZE
400 metres	01:12	01:20	01:24	01:32
800 metres	02:34	02:51	03:00	03:17
1500 metres	05:11	05:47	06:02	06:37
1 Mile (1609 metres)	05:37	06:14	06:33	07:10
2 Miles (3218 metres)	12:18	13:40	14:20	15:45

UNDER 17	DIAMOND	GOLD	SILVER	BRONZE
400 metres	01:07	01:15	01:18	01:26
800 metres	02:24	02:40	02:48	03:04
1500 metres	04:52	05:24	05:40	06:13
1 Mile (1609 metres)	05:09	05:45	06:00	06:35
2 Miles (3218 metres)	11:33	12:50	13:30	14:45
4000 metres	14:45	16:25	17:15	18:55
5000 metres	18:55	21:35	23:00	25:40
5 Miles	31:30	36:00	38:30	42:45