

**ST EDMUND PACERS CLUB STANDARDS
JUNIOR BOYS**

UNDER 13	DIAMOND	GOLD	SILVER	BRONZE
400 metres	01:10	01:18	01:22	01:30
800 metres	02:32	02:49	02:57	03:14
1500 metres	05:05	05:39	05:56	06:30
1 Mile (1609 metres)	05:30	06:07	06:25	07:02
2 Miles (3218 metres)	11:55	13:15	13:55	15:15

UNDER 15	DIAMOND	GOLD	SILVER	BRONZE
400 metres	01:05	01:12	01:16	01:23
800 metres	02:22	02:38	02:46	03:02
1500 metres	04:47	05:19	05:35	06:07
1 Mile (1609 metres)	05:09	05:43	06:00	06:35
2 Miles (3218 metres)	11:10	12:25	13:00	14:15

UNDER 17	DIAMOND	GOLD	SILVER	BRONZE
400 metres	01:00	01:07	01:10	01:17
800 metres	02:11	02:26	02:33	02:47
1500 metres	04:20	04:49	05:03	05:32
1 Mile (1609 metres)	04:51	05:23	05:39	06:12
2 Miles (3218 metres)	10:25	10:25	12:10	13:20
4000 metres	13:30	15:00	15:45	17:15
5000 metres	16:55	18:55	20:10	22:20
5 Miles	28:00	31:30	33:30	37:15

